



**ESSENTIAL™
BEING**

B Complex

with Folic, B-6 & B-12

For Energy & Heart*

Dietary Supplement

32 Tablets

Supplement Facts

Serving Size: 1 Tablet

Amount Per Serving	%DV	
Thiamin (Vitamin B-1) (Thiamin hydrochloride)	1.5 mg	100%
Riboflavin (Vitamin B-2)	1.7 mg	100%
Niacin (Niacinamide)	20 mg	100%
Vitamin B-6 (Pyridoxine Hydrochloride)	2 mg	100%
Folate (Folic Acid)	400 mcg	100%
Vitamin B-12 (Cyanocobalamin)	6 mcg	250%
Calcium (Dicalcium Phosphate)	10 mg	1%

Manufactured in the USA by:
FLP, LLC, TEMPE, AZ 85282
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OTHER INGREDIENTS
Cellulose, Di-Calcium
Phosphate, Stearic
Acid, Magnesium
Stearate and
Pharmaceutical Gum

**GUARANTEED
NO ADDED:**
Sugar, Starch, Yeast,
Soy, Corn, Wheat, Dairy,
Gluten, Egg, Fragrance,
Artificial Colors or
Flavors and
Preservatives.