

### IMPORTANT FACTS YOU SHOULD KNOW

Our balanced formula provides a combination of nutrients, including Vitamin C and Biotin, that support the structural foundation of your hair, skin and nails.\*

\*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

No Gluten, No Yeast, No Wheat, No Milk or Milk Derivatives, No Lactose, No Sugar, No Preservatives, No Artificial Color, No Artificial Flavor, No Sodium.

**WARNING:** If you are pregnant, nursing, taking any medications, planning any medical or surgical procedure, have any medical condition or are planning to undergo any clinical lab testing, consult your doctor before use. Some supplements may interact with certain medications and/or interfere with certain lab tests. It is advisable to consult your doctor before using biotin doses above 2,500 mcg per day. If any adverse reactions occur, stop use and consult your doctor. Not intended for use by persons under the age of 18.

KEEP OUT OF REACH OF CHILDREN. STORE AT ROOM TEMPERATURE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.

Since 1903 Rexall® is a registered trademark of Rexall Sundown, Inc.

Visit us at: [Rexall.com](http://Rexall.com) or call 1-866-4-REXALL

MANUFACTURED FOR DOLGENCORP, LLC  
100 MISSION RIDGE  
GOODLETTSVILLE, TN 37072 USA

A0962



Prod. No.  
65758  
14-10464D9S  
02A B80114  
©2019



# Hair, Skin and Nails

16 Key Ingredients Including  
Biotin and Antioxidants

Nutrition Support

60 Caplets  
Dietary Supplement



**DIRECTIONS:** FOR ADULTS, TAKE THREE (3) CAPLETS DAILY, PREFERABLY WITH A MEAL. As a reminder, discuss the supplements and medications you take with your health care providers.

## Supplement Facts

Serving Size 3 Caplets  
Servings Per Container 20

| Amount Per Serving                                 | % Daily Value                                  |
|----------------------------------------------------|------------------------------------------------|
| Vitamin A (as Beta Carotene and Vitamin A Acetate) | 1,500 mcg 167%                                 |
| Vitamin C (as Ascorbic Acid)                       | 60 mg 67%                                      |
| Vitamin D (as D3 Cholecalciferol)                  | 25 mcg (1,000 IU) 125%                         |
| Vitamin E (as dl-Alpha Tocopheryl Acetate)         | 6.7 mg 45%                                     |
| Thiamin (Vitamin B-1) (as Thiamin Hydrochloride)   | 5 mg 417%                                      |
| Riboflavin (Vitamin B-2)                           | 2 mg 154%                                      |
| Niacin (as Niacinamide)                            | 25 mg 156%                                     |
| Vitamin B-6 (as Pyridoxine Hydrochloride)          | 5 mg 294%                                      |
| Folate                                             | 333 mcg DFE 83%                                |
|                                                    | (200 mcg folic acid)                           |
| Vitamin B-12 (as Cyanocobalamin)                   | 8 mcg 333%                                     |
| Biotin (as d-Biotin)                               | 3,000 mcg 10,000%                              |
| Pantothenic Acid (as d-Calcium Pantothenate)       | 15 mg 300%                                     |
| Calcium                                            | 200 mg 15%                                     |
|                                                    | (as Dicalcium Phosphate and Calcium Carbonate) |
| Phosphorus (as Dicalcium Phosphate)                | 87 mg 7%                                       |
| Magnesium (as Magnesium Oxide)                     | 50 mg 12%                                      |
| Zinc (as Zinc Gluconate)                           | 7.5 mg 68%                                     |
| Manganese (as Manganese Gluconate)                 | 2 mg 87%                                       |
| PABA (Para-Aminobenzoic Acid)                      | 10 mg **                                       |
| Choline Bitartrate                                 | 10 mg **                                       |
| Inositol                                           | 30 mg **                                       |
| Citrus Bioflavonoid / Rutin Complex                | 38 mg **                                       |
| Horsetail ( <i>Equisetum arvense</i> ) (aerial)    | 3 mg **                                        |
| Collagen (Hydrolyzed Gelatin)                      | 50 mg **                                       |

\*\*Daily Value not established.

**Other Ingredients:** Cellulose (Plant Origin). Contains <2% of: Cellulose Coating, Croscarmellose, Gelatin, Mannitol, Natural Palm Leaf Glaze, Silica, Vegetable Magnesium Stearate.

Contains fish (cod, cusk, flounder, haddock, hake, pollock, redfish, sole) ingredients.