

DG™ | health

Compare to Ingredients of Centrum® Silver® Men 50+™

Complete



1000 IU Vitamin D
For Men Over 50
Multivitamin/Multimineral
Supplement

**Nutritional Support With
Important Nutrients For
Men 50+**

50 Tablets

actual
size



Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% DV	Amount Per Serving	% DV
Vitamin A 3500 IU	70%	Magnesium 75 mg	15%
(29% as beta-carotene)		Zinc 15 mg	100%
Vitamin C 120 mg	200%	Selenium 21 mcg	30%
Vitamin D ₃ 1000 IU	250%	Copper 0.5 mg	25%
Vitamin E 60 IU	200%	Manganese 4 mg	200%
Vitamin K 60 mcg	75%	Chromium 60 mcg	50%
Thiamin 1.5 mg	100%	Molybdenum 50 mcg	67%
Riboflavin 1.7 mg	100%	Chloride 72 mg	24%
Niacin 20 mg	100%	Potassium 80 mg	2%
Vitamin B ₆ 6 mg	300%		
Folate 300 mcg	75%	Nickel 5 mcg	**
Vitamin B ₁₂ 100 mcg	1667%	Silicon 2 mg	**
Biotin 30 mcg	10%	Vanadium 10 mcg	**
Pantothenic Acid 10 mg	100%	Lutein 300 mcg	**
Calcium 210 mg	21%	Lycopene 600 mcg	**
Phosphorus 20 mg	2%		
Iodine 150 mcg	100%		

**Daily Value (DV) not established

INGREDIENTS: Calcium Carbonate, Potassium Chloride, Dicalcium Phosphate, Magnesium Oxide, Ascorbic Acid (Vit. C), Microcrystalline Cellulose, Alpha-Tocopheryl Acetate (Vit. E), Gelatin, Croscarmellose Sodium, Stearic Acid, Nicotinamide, Zinc Oxide, Hypromellose, Polydextrose, Crospovidone, Calcium Silicate, Manganese Sulfate, Titanium Dioxide Color, Calcium Pantothenate, Silicon Dioxide, Pyridoxine Hydrochloride (Vit. B6), Magnesium Stearate, Polychrome Blue #2, Thiamine Mononitrate (Vit. B1), Medium Chain Triglycerides, Riboflavin (Vit. B2), Cupric Sulfate, FD&C Yellow #6 Aluminum Lake, Vitamin A Acetate, Lycopodium Beta-Carotene, Chromium Trioxide, Iron Oxide Black, Iron Oxide Red.

Lake, Potassium Iodide, FD&C Red #40 Aluminum Lake, Sodium Molybdate, Cyanocobalamin (Vit. B12), Phytonadione (Vit. K), Sodium Selenate, Biotin, Cholecalciferol (Vit. D3), Sodium Metavanadate, Nickel Sulfate.

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THE MASON RIDGE

GODDLETTSVILLE, TN 37072 USA

SUGGESTED USE: Adults: Take one tablet daily with food. Not formulated for use in children. Do not exceed suggested use.

CAUTION: Individuals taking medication(s) or persons who have a health condition should consult their physician before using this product.

Keep out of reach of children.

Store at 15°-30° C (59°-85° F).

Questions or comments? 1-888-309-9030

Do not use if printed seal under cap is broken or missing

^{***}The product is not manufactured or distributed by Pfizer, marketer of Celeston® Silver® Men 50+.

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TABLET COLOR MAY VARY

100 g. Ammonium Lake, Sodium Molybdate,
Selenite (M. S.), Sodium Selenate, Biotin,
Vitamin B₁₂, Nickel Sulfate.

Use only with food. Not formulated for use in

Warning: persons who have a health condition
may use this product.

100

100

10

... is marketed by Pfizer, marketer of

This content is
not for sale.
Contents may vary.
Minimum 100.

This container is filled by
count, not weight.
Contents may settle.
Minimum fill level. _____

**FRESHNESS AND POTENCY
GUARANTEED THROUGHOUT**

EXP05/21
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