



Complete

1000 IU Vitamin D
For Women Over 50
Multivitamin/Multimineral
Supplement



Compare to Ingredients of Centrum® Silver® Women 50+***

Complete

1000 IU Vitamin D
For Women Over 50
Multivitamin/Multimineral Supplement

Nutritional Support With
Important Nutrients For Women 50+

50 Tablets



actual size



Supplement Facts

Serving Size 1 Tablet

Amount Per Serving	% DV	Amount Per Serving	% DV
Vitamin A 3500 IU (43% as beta-carotene)	70%	Iodine 150 mcg	100%
Vitamin C 100 mg	167%	Magnesium 100 mg	25%
Vitamin D ₃ 1000 IU	250%	Zinc 15 mg	100%
Vitamin E 35 IU	117%	Selenium 22 mcg	31%
Vitamin K 50 mcg	63%	Copper 0.5 mg	25%
Thiamin 1.1 mg	73%	Manganese 2.3 mg	115%
Riboflavin 1.1 mg	65%	Chromium 52 mcg	43%
Niacin 14 mg	70%	Molybdenum 50 mcg	67%
Vitamin B ₆ 5 mg	250%	Chloride 72 mg	2%
Folate 400 mcg	100%	Potassium 80 mg	2%
Vitamin B ₁₂ 50 mcg	833%	Nickel 5 mcg	**
Biotin 30 mcg	10%	Silicon 2 mg	**
Pantothenic Acid 5 mg	50%	Vanadium 10 mcg	**
Calcium 300 mg	30%	Lutein 300 mcg	**
Iron 8 mg	44%		
Phosphorus 20 mg	2%		

**Daily Value (DV) not established.

INGREDIENTS: Calcium Carbonate, Magnesium Oxide, Potassium Chloride, Dicalcium Phosphate, Ascorbic Acid (Vit. C), Microcrystalline Cellulose, Acacia, d-Alpha Tocopheryl Acetate (Vit. E), Gelatin, Croscarmellose Sodium, Stearic Acid, Ferrous Fumarate, Crospovidone, Zinc Oxide, Hypromellose, Polydextrose, Niacinamide, Titanium Dioxide Color, Magnesium Stearate, Calcium Silicate, Manganese Sulfate, Silicon Dioxide, Pyridoxine Hydrochloride (Vit. B₆), Calcium Pantothenate, Polyethylene Glycol, Medium Chain Triglycerides, Thiamine Mononitrate (Vit. B₁), Riboflavin (Vit. B₂), Cupric Sulfate, Beta-Carotene, Vitamin A Acetate, Folic Acid, Chromium Picolinate, Lutein, FD&C Blue #2 Aluminum Lake, Potassium Iodide, FD&C Red #40 Aluminum Lake, Sodium Molybdate, Phytoladione (Vit. K), Sodium Selenate, Cyanocobalamin (Vit. B₁₂), Biotin, Cholecalciferol (Vit. D₃), Sodium Metavanadate, FD&C Yellow #5 Aluminum Lake, Nickel Sulfate.

DO NOT USE IF
PRINTED SEAL
UNDER CAP IS
BROKEN OR
MISSING

DISTRIBUTED BY
DOLGENCORP. LLC
100 MISSION RIDGE
GOODLETTSVILLE,
TN 37072 USA

SUGGESTED USE: Adults: Take one (1) tablet daily with food. Not formulated for use in children. Do not exceed suggested use.

CAUTION: Pregnant or nursing women, individuals taking medication(s) or persons who have a health condition should consult their physician before using this product.

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

This container is filled by count, not weight.
Contents may settle.

Keep out of reach of children.
Store at 15°- 30° C (59°- 86° F).

Tablet color may vary.

Do not use if printed seal under cap is broken or missing

***This product is not manufactured or distributed by Pfizer, marketer of Centrum® Silver® Women 50+.

A0300



6 36652 88041 9

100%
Satisfaction
Guaranteed!

If you're not
satisfied with
this product for
any reason,
please call us
so we can
make you
100% satisfied.
(888) 309-9030