

**Rexall Naturalist**

# Coconut Oil

1000mg

**100% GUARANTEED**

**Natural Source of Energy\***

**120 SOFTGELS**

Dietary Supplement

## Supplement Facts

Serving Size 2 Softgels  
Servings Per Container 60

| Amount Per Serving                                                     | %Daily Value       |
|------------------------------------------------------------------------|--------------------|
| Calories                                                               | 25                 |
| Total Fat                                                              | 2.5 g 3%**         |
| Saturated Fat                                                          | 2.5 g 13%**        |
| Organic Coconut Oil (Cocos nucifera) (fruit) which typically contains: | 2,000 mg (2 g) *** |
| Lauric Acid                                                            | 902 mg ***         |
| Myristic Acid                                                          | 336 mg ***         |
| Caprylic Acid                                                          | 92 mg ***          |
| Palmitic Acid                                                          | 150 mg ***         |
| Capric Acid                                                            | 100 mg ***         |
| Oleic Acid                                                             | 100 mg ***         |
| Stearic Acid                                                           | 40 mg ***          |
| Linoleic Acid                                                          | 20 mg              |

\*\*\*Percent Daily Values are based on a 2,000 calorie diet.  
\*\*\*Daily Value not established.

Other Ingredients: Gelatin (Bovine), Medium Chain Triglycerides, Glycerin, Titanium Dioxide (Color).

### IMPORTANT FACTS YOU SHOULD KNOW

Coconuts are enjoyed in tropical regions around the world as a delectable fruit. Now you can enjoy the benefits of Coconut Oil in a convenient softgel. This product contains Medium Chain Triglycerides (MCTs), which are oxidized differently in the body than other fats, making coconut oil a readily available energy source.\*

**DIRECTIONS:** FOR ADULTS, TAKE TWO (2) SOFTGELS TWICE DAILY, PREFERABLY WITH MEALS.

No yeast, wheat, gluten, milk or milk derivatives, lactose, sugar, preservatives, soy, artificial flavor, sodium.

**WARNING:** If you are pregnant, nursing, taking any medications or have any medical condition, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

**KEEP OUT OF REACH OF CHILDREN. STORE AT ROOM TEMPERATURE AND AVOID EXCESSIVE HEAT. TAMPER RESISTANT: DO NOT USE IF SEAL UNDER CAP IS BROKEN OR MISSING.**

Since 1903 Rexall® is a registered trademark of Rexall Sundown, Inc.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Visit us at: [Rexall.com](http://Rexall.com) or call 1-866-4-REXALL

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ACTUAL SIZE