Suggested Use: As a dietary supplement, take 4 tablets daily.

### Blue-Green Superfood Blend for Total Body Health

Triquetra Health's Organic Blue-Green Algae Superfood Blend combines the world's highest quality sources of organic Spirulina and organic Chlorella to support total body health and cellular health. These green superfoods boast an impressive portfolio of vitamins, minerals, and phytonutrients that promote a vast array of health benefits:

- Supports Detoxification & Alkalinity\*
- Supports Brain & Eye Health\*
- Supports Cardiovascular Health\*

- Supports Blood & Cell Health\*
- Supports Immune System\*
- Supports Energy & Vitality\*

#### **Purity & Quality Standards**

These 100% raw forms of organic algae are USDA certified organic and grown following the most rigid purity and quality standards. They are cultivated in an environmentally pristine region of South India with plentiful sunlight, 100% purified-water, and plant-based fertilizers, far away from agricultural & industrial pollutants, and human settlements. After farming, they are dried at low temperatures to preserve the enzymatic property, nutritional value, and bioavailability for maximum efficacy. Organic Blue-Green Blend is a potent source of nutrients that promotes systematic health at the cellular level











'These statements have not been evaluated by the Food and Drug Administration.
This product is not intended to diagnose, treat, cure or prevent any disease.

# TRIQUETRA

**TABLET FORM** 

**BLUE-GREEN MICRO ALGAE BLEND FOR TOTAL BODY HEALTH\*** 

50% ORGANIC SPIRULINA | 50% ORGANIC CHLORELLA

BIOACTIVE | NON-IRRADIATED | SUN GROWN

120 Tablets



**Dietary Supplement** 

30 Servings

## Supplement Facts

Servings per container: 30

Serving Size: 4 Tablets

	Amount per serving	% DV*
Calories	10	
Sodium	25 mg	1%
Protein	1.5 g	3%
Blend of Organic Chlorella and C	Organic Spirulina 2 g	**
Providing:		
Vitamin B12	4.2 mcg	175%
Calcium	1.45 mg	< 1%
Iron	500 mcg	4%
Magnesium	2.5 mg	< 1%
lodine	2.65 mcg	1%
Vitamin A (as Beta Carote	ene) 1811 mcg	201%
Vitamin K	27 mcg	22%
Riboflavin	64.5 mcg	4%
Niacin	148 mcg	1%
Phycocyanin	62.5 mg	**
Gamma Linolenic Acid (G	LA) 10 mg	**
Chlorophyll	32 mg	**
Total Carotenoids	4 mg	**
Lutein	4.5 mg	**
Zeaxanthin	935 mcg	**
"Daily Value not established		

Ingredients: Certfied Organic Spirulina (Arthrospira platensis), Certified Organic Chlorella (Chlorella vulgaris), Silicone Dioxide



Keep out of reach of children.

Storage: Store in a cool, dark and dry place.

Distributed By: Triquetra Health LLC Lithia, FI 33547

Certified Organic by Oregon Tilth

WARNING: If you have a medical condition or are taking medication, contact a physician before taking this or any supplement