

DREAMBRANDS®



internal harmony®

natural botanicals

Multi-Symptom

Menopause Relief



Feel Good Energy*

Clinically Tested Ingredients

HOT FLASHES* NIGHT SWEATS* IRRITABILITY* LIBIDO*

GLUTEN FREE • HORMONE FREE

60 Vegi Capsules
Dietary Supplement

Energy* | Focus* | Libido*

Live life in balance™

Life. Just when you're into it, your body may not feel up to it. Internal Harmony products can help restore your body's natural balance so you can live life fully.* Joyfully.

For the things you love to do and the people you love doing them with. Internal Harmony.



100% Satisfaction

We recognize there may be a small percentage of consumers that will not be completely satisfied with the results of this formula. To ensure 100% satisfaction, we offer a 60-day money back guarantee from the date of purchase.

Please call 888-300-9181 for details.
Hours: 9am-5pm (Arizona time) M-F

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Relieve common menopausal symptoms*

Internal Harmony Menopause is a daily supplement designed to help improve energy, mood, and libido while also providing safe, effective relief from multiple menopausal symptoms.*

Menopause is a time of transition and change. Internal Harmony was designed to help relieve some of menopause's most common symptoms.* With stress-reducing and balancing herbal extracts, vitamins, minerals, and a clinically tested non-soy genistein, geniVida, Internal Harmony is a great choice to help combat the natural challenges of menopause.*

Suggested Use: For menopausal women, take 2 capsules in the morning with food. For best results, use daily for a minimum of 90 days.

Cautions:

- Women who have a medical condition such as breast cancer or are on medication need to consult their physician before use
- Do not use if pregnant or lactating
- Do not use if inner seal is torn
- Keep out of reach of children
- Store at room temperature
- If you have an allergic reaction please discontinue use and consult a physician

Supplement Facts

Serving Size: 2 Capsules, Servings Per Container: 30

	Amount Per Serving	%DV
Vitamin D3 (as cholecalciferol)	400 IU	100%
Vitamin B6 (as pyridoxine hydrochloride)	10 mg	500%
Vitamin B12 (as methylcobalamin)	120 mcg	2000%
Calcium (as calcium carbonate)	100 mg	10%
geniVida® Non-soy Genistein	30 mg	**
Boron (as boron citrate)	3 mg	**
Diindolylmethane (DIM)	50 mg	**
Women's Herbal Blend	1050 mg	
KSM-66® Ashwagandha Extract (root)		**
Cordyceps Extract (mycelia)		**
Chaste Tree Extract (fruit)		**
Dong Quai Extract (root)		**
Black Cohosh Extract (rhizome)		**
Bioperine® Piperine (from Black Pepper)		**

**Daily Value not established

Other Ingredients: Vegi Capsule (hypromellose), Magnesium Stearate, Hydroxypropyl Methylcellulose

Contains: Milk (used in extraction process)

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Adverse events may be reported to this address.

KSM-66® is a registered trademark of Ixoreal Biomed
geniVida® is a registered trademark of DSM Nutritional Products
Bioperine® is a registered trademark of Sabinsa Corporation

Learn more at DreamBrands.com

Live life in balance™

Feel Good Energy*

Live life. Love life.

**Relief for Hot Flashes***

GeniVida®, a non-soy genistein, has been clinically shown to safely reduce hot flashes and night sweats.* Black Cohosh was included for further relief.*

Calming and Energizing*

Ashwagandha is an adaptogen which helps strengthen the body's response to stress and lowers cortisol levels.* Together with Cordyceps, Vitamin B6 and B12, Ashwagandha can help boost energy while keeping you calm and focused.*

**Support Hormonal Balance***

DIM, Chaste Tree, Dong Quai Extract

Sexual Intimacy & Arousal*

In a recent clinical study, KSM-66® was shown to heighten arousal, orgasms and overall sexual satisfaction and intimacy.*

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.