

Smarter is Better

Smarter is Gentle

Our formula contains milk-derived proteins known as peptides. These same active ingredients found in a glass of warm milk will help you sleep like a baby.

Smarter is Effective

Lactium® is clinically proven to reduce stress and restore a healthy heart rate. We use a small dose of melatonin to ensure a good night's rest.

Smarter is Faster

It's a chewable mint tablet, so it dissolves in your mouth and gets into your bloodstream faster.

smarternutrition

sleep

Natural Rest

With Bioactive
Milk Peptides

60 Chewable Mint Tablets
Dietary Supplement



Suggested Use: Adults take 2-3 as needed, or as recommended by your healthcare provider.

Caution: As with any dietary supplement, consult your healthcare provider before using this product, especially if pregnant, nursing, taking medications, or under medical supervision.

KEEP OUT OF REACH OF CHILDREN. DO NOT USE IF SAFETY SEAL IS DAMAGED OR MISSING. STORE IN A COOL, DRY PLACE.

Smarter Nutrition, Inc.

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Supplement Facts

30 Servings Per Container
Serving Size 2 Chewable Tablets

	Amount Per Serving	% Daily Value*
Lactium® (Bioactive Milk Peptides) (Peptones)	225 mg	*
Melatonin	4.5 mg	*

* Daily Value not established.

Other Ingredients: Isomalt, organic mint flavor, vegetable magnesium stearate (non-GMO), organic stevia.

Contains: Milk (casein decapeptide).

This Product Does Not Contain: Eggs, fish, shellfish, tree nuts, peanuts, wheat, or soy.

Lactium® is a trademark of Ingredia Nutritional.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.