

Supplement Facts

Serving Size: Two (2) capsules
Servings Per Container: 45

Amount per Serving	% Daily Value*
Total Carb. .59g	<1%
Diindolylmethane (DIM) 200mg	▲
Selenium (from maca root) 2.24mcg	6%
Royal Maca Root Concentrate 900mg	▲

* Percent Daily Values are based on a 2,000 calorie diet.
▲ Daily Value not established.

Other ingredients (Capsules): Cellulose, purified water.

Certified Organic by BIO LATINA: GROWN & PROCESSED in PERU, made by flash heat-extrusion process (gelatinization). Vegan. Gluten-free. Sun-dried. No additives. Not irradiated. Fair Traded. Native Peruvians NEVER eat raw maca.



WHOLE WORLD BOTANICALS®



Made with
Certified Organic
Maca Root Concentrate
GROWN & PROCESSED
in PERU

with **DIM™**

Lepidium meyenii/peruvianum

ROYAL MACA® PLUS FOR WOMEN

VEGETARIAN CAPSULES

Dietary Supplement • Maca Formula Concentrate (550mg.) 90 Veg Caps

DIRECTIONS: Take with food.

Peri-Menopause/Petite: Start with 1 cap daily (or every other day) with food. Increase if necessary after 5 days to control hot flashes.

Post-Menopausal Women: Start with 1 cap twice daily with food. Post-Menopausal women with hot flashes may need to take additional Royal Maca® caps w/o DIM™ or Royal Maca® Powder. Increase by 1 cap daily, every 5 days until hot flashes are 80% better. If, at any point, hot flashes increase you are taking TOO much.

Warning: Consult physician if pregnant or nursing. Do not use with Tamoxifen®.

Note: If taking estrogen/phytoestrogens/precursor hormones, STOP 4 weeks prior to taking Royal Maca®. Urine may appear orange while using this product.

* These statements have not been evaluated by the F.D.A. This product is not intended to treat, prevent, or cure any disease.

Manufactured by:
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