## Supplement Facts

Serving Size: Two (2) capsules Servings Per Container: 30

aily Value*
<1%
5.2%
68.75%
53%

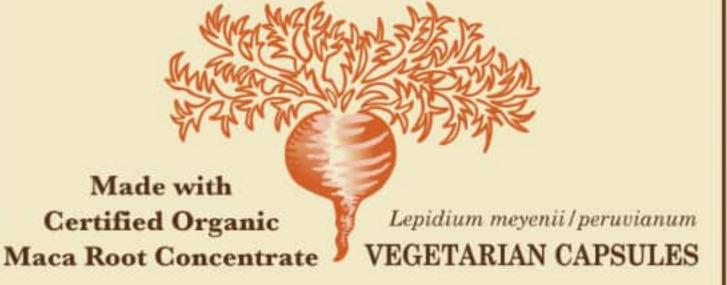
- Percent Daily Values are based on a 2.000 calorie diet.
- ▲ Daily Value not established.

Other ingredients (Capsules): Cellulose, purified water.

Certified Organic by BIO LATINA, Lima Peru. Gluten-Free. No additives. Not Irradiated. Royal Maca® is Fair Traded. Royal Maca® powder concentrate is prepared by a proprietary heat-extruded process called Gelatinization.



## WHOLE WORLD BOTANICALS



## ROYAL MACA® for PERI-MENOPAUSE

Dietary Supplement • 60 MACA ROOT Concentrate Veg. Caps (500 mg)

DIRECTIONS: (Don't Refrigerate)

Sensitive/petite: Take 1/2-1 cap daily.

PMS\*: 2 caps daily. Hot Flashes (women with period)\*: 3 caps daily.

Women with NO PERIOD\*: Take 3 caps daily for menopausal symptoms. Increase, if necessary, by 1 to 2 caps a day every 5 days until symptoms are 80% better.

If taking estrogen, estrogenic herbs, or precursor hormones, STOP for 4 weeks before starting to take Royal Maca® to avoid an increase in hot flashes. Meanwhile to control symptoms take 3-5 caps of Royal Camu® 3X/day. May be taken with progesterone-only birth-control pills.

Warning: Consult physician if pregnant or nursing. Do not use with Tamoxifen® or Lupron®.

\*These statements have not been evaluated by the F.D.A. This product is not intended to treat, prevent, or cure any disease.

Manufactured by:

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