## Supplement Facts

Serving Size: Two (2) capsules Servings Per Container: 30

Amount per Serving

% Daily Value\*

Total Carb. 79mg

<1%

Selenium

(from organic maca root) 2.99mcg 7.9%

Organic Maca Root Concentrate 1200mg



- Percent Daily Values are based on a 2,000 calorie diet.
- ▲ Daily Value not established.

Other Ingredients (Capsules): Plant Cellulose, Purified water.

Whole World Botanicals, Inc.

PO Box 322074 Ft. Wash. Station New York, NY 10032 (646) 290-8651 • Product of Peru www.wholeworldbotanicals.com

Certified Organic by BIO LATINA, Lima, Peru

Sun-dried. Gluten free. Non-GMO. Vegan. No additives. Not irradiated. Fair Traded. Royal Maca® powder concentrate is prepared by a flash heat-extrusion process called Gelatinization. Native people never eat raw maca.

## WHOLE WORLD BOTANICALS



Made with Certified Organic Maca Root Concentrate

## ROYAL MACA® for MENOPAUSE

Dietary Supplement • 60 MACA ROOT Concentrate Veg. Caps 600mg (1.27oz.)

DIRECTIONS: (Don't Refrigerate)

Sensitive/Petite: Take 1/2-1 cap daily.

Women with a period: 2 caps daily.

Women-Painful periods,

Peri-Menopause or PMS\*: 2 caps daily.

Women with No Period: Take 3 caps daily for menopausal symptoms. Increase, if needed, by 1-2 caps a day every 5 days until hot flashes & other symptoms are 80% better.

May be taken with progesterone-only birth-control pills. If taking estrogen, estrogenic herbs, or precursor hormones, STOP 4 weeks prior to taking Royal Maca®. Meanwhile to control symptoms, take 3-5 caps of Royal Camu® 3x/daily.

Warning: Do not use with Tamoxifen® or Lupron®. Total selenium intake should not exceed 200mcg daily.

\*These statements have not been evaluated by the F.D.A. This product is not intended to treat, prevent, or cure any disease.

