

Suggested Use: As a dietary supplement, take 1/2 - 1 mL (approx. 14-28 drops) 3 times a day, in a small amount of water.

Warning: If you are taking any medications or are pregnant or nursing do not use prior to consulting a physician.

Best if used by date on bottle. Store in a dry, cool place.

USE ONLY IF SEAL IS UNBROKEN

SHAKE WELL. KEEP OUT OF REACH OF CHILDREN

Any Questions? 1-800-644-8327

Website: www.botanicchoice.com

Alcohol Free Liquid Extract

Lemon Balm

1 fl. oz. (30 mL)

Herbal Supplement

Supplement Facts

Serving Size: 1 mL (approx. 28 drops)

Servings per container: 15

Amount Per Serving	% Daily Value	
Lemon Balm (1:1) Extract	2,000 mg	†

† Daily Value not established.

Other Ingredients: Vegetable Glycerin, Purified Water.

Distributed by: Indiana Botanic Gardens, Inc.

3401 W. 37th Ave. Hobart, IN 46342

