

Sleep is vital to our overall health and well-being and being well rested is crucial for our emotional and immune responses.

**Dreamtime™** offers science backed ingredients that help our brains initiate sleep and stay asleep longer.\*

**SUGGESTED USE:** As a dietary supplement, take 1-2 capsules, 30-60 minutes before bedtime for best results, or as directed by your healthcare provider.

**READ FIRST:** Not to be taken by pregnant or lactating women. Do not use concurrently with antidepressants. Keep out of reach of children. Store in a cool, dry place.



Distributed by:  
**Pure Prescriptions, Inc.**  
5670 El Camino Real, Suite D  
Carlsbad, CA 92008  
[www.PurePrescriptions.com](http://www.PurePrescriptions.com)  
1.800.860.9583



NATURAL HEALTH SOLUTIONS

**DREAMTIME™**

PROFESSIONAL GRADE

60 CAPSULES

Dietary Supplement

FEATURING:

**5-HTP, Hops & Glycine**

Supports Calming + Restful Sleep\*

### Supplement Facts

Serving Size: 2 Capsules  
Servings Per Container: 30

| Amount per Serving   |          | %DV  |
|--|----------|------|
| Vitamin B6 (Pyridoxine HCl)  | 8 mg     | 471% |
| Glycine  | 1,000 mg | †    |
| 5-HTP (L-5 Hydroxytryptophan)<br>( <i>Griffonia simplicifolia</i> ) (Seed) | 200 mg   | †    |
| Hops Extract ( <i>Humulus lupulus</i> ) (Flower)                           | 120 mg   | †    |

† Daily value (DV) not established.

Other Ingredients: Vegetarian Capsule, Ascorbyl Palmitate.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.