



ORGANIC WILD LETTUCE (LACTUCA VIROSA)









171 SERVINGS

3.5 OZ (99.22 G)

100% PURE ORGANIC WILD LETTUCE

Our Organic Wild Lettuce is grown on certified organic farms in Europe, and is held to the exacting standards of the USDA Organic Certification Process. Our growers carefully morebit the plainting, growing, harvesting, and product of the highest quality. The Wild Lettuce is harvested at the peak of potency and then immediately flash dried in order to preserve the maximum amount of nutrional benefits. We use on an *eight, reseatable bag to martiant the products freshress. The result is bag to martiant the products freshress. The result is and completely pure!

Allergen Information: Not manufactured with yeast, wheat, gluten, soy, milk, egg, fish, shellfish or tree nut ingredients. Packaged in a GMP facility that processes other ingredients containing these allergens.

Natural color variation may occur in this product. Store in a cool, dry place. Please recycle.

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Nutrition Facts Serving Size: 1 Level Teaspoon (0.58 g) Servings per Container: 171

	Amount per Serving	% Daily Value
Calories	0	
Total Fat	0 g	0%
Sodium	0 mg	0%
Total Carbohydrate	0 g	0%
Protein	0 g	0%

Not a significant source of saturated fat, trans fat, cholesterol, dietary fiber, total sugars, added sugars, vitamin D, calcium, iron, and potassium.

Ingredients: 100% Pure USDA Certified Organic Wild Lettuce (Lactuca Virosa).

Directions: To use as a tea, add 1-2 level teaspoons to 6-8 ounces of boiling water, and steep for 4-6 minutes. Wild Lettuce can also be used by sprinkling on a salad.

Warnings: Do not take this product if you are pregnant or nursing. Do not exceed recommended dospec. Consult your healthcare provider before use if you are taking prescription medications, especially central nervous system depressants or sedables, or if you have a medical condition, especially glaucoma or benign prostatic hyperplasia.

