

**Suggested Use:** As a dietary supplement take 1-2 mL (approx. 28-56 drops) 3 times a day in a small amount of water.

**Warning:** If you are taking any medications or are pregnant or nursing do not use prior to consulting a physician.

Best if used by date on bottle. Store in a dry, cool place.

**USE ONLY IF SEAL IS UNBROKEN**

**SHAKE WELL. KEEP OUT OF REACH OF CHILDREN**

Any Questions? 1-800-644-8327

Website: [www.botanicchoice.com](http://www.botanicchoice.com)

Alcohol Free Liquid Extract  
**Fenugreek Seed**  
1 fl. oz. (30 mL)  
**Herbal Supplement**

## Supplement Facts

Serving Size: 2 mL (approx. 56 drops)

Servings per container: 15

Each serving contains: Fenugreek Seed  
Extract (1:1) 2,000 mg †

† Daily Value (DV) not established

**Other Ingredients:** Vegetable Glycerin, USP  
Purified Water.

Distributed by: Indiana Botanic Gardens, Inc.  
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