Suggested Usage: As a dietary supplement, take 1 softgel every 2 days with a fat-containing meal, or as directed by your healthcare practitioner.

Vitamin D-3 softgels supply this key vitamin in a highly-absorbable liquid softgel form.* Vitamin D is normally obtained from the diet or produced by the skin from the ultraviolet energy of the sun.* However, it is not abundant in food.* As more people avoid sun exposure, Vitamin D supplementation may become more necessary.*

DO NOT EAT FRESHNESS PACKET.



*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Distributed by:



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VITAMIN D-3

10.000 IU



In an Extra Virgin Olive Oil Base

Active Ingredient D-3
Cholecalciferol
from Lanolin

120

SOFTGELS

DIETARY SUPPLEMENT

Supplement Facts

Serving Size: 1 Softgel Servings per Container: 120

Amount per Serving

% Daily Value*

Vitamin D-3 250 mcg (10,000 IU) 1250% (as Cholecalciferol) (from Lanolin)

* Percent Daily Value based on a 2,000 calorie diet.

Other Ingredients: Extra Virgin Olive Oil and Softgel Capsule (gelatin, glycerin, water).

Not manufactured with yeast, wheat, gluten, soy, milk, egg, fish, or shellfish ingredients. Produced in a GMP facility that processes other ingredients containing these allergens.

Caution: For adults only. Do not exceed the recommended dose. Consult physician if pregnant/nursing, taking medication (especially topical psoriasis medications or thiazide diuretics), or have a medical condition (especially hypercalcemia, kidney disease, or hyperparathyroidism). Keep out of reach of children. Natural color variation may occur in this product. Store in a cool, dry place.

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