

NuSera® is formulated in a great-tasting, chocolate chewable to help promote a feeling of calmness and relaxation during times of stress. This science-based formula features a clinically effective dosage of LactiumPure®—a patented, bioactive decapeptide—which research suggests promotes a healthy response to stress. In clinical studies, this unique ingredient was shown to boost the body's ability to manage stress, which is important for maintaining a healthy lifestyle.*

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

DIRECTIONS: Chew one tablet during times of stress or as directed by your healthcare provider. Do not exceed four tablets per day.

WARNING: Do not use if pregnant or nursing.

CAUTION: Excessive consumption may cause drowsiness. If taking medication, consult your healthcare practitioner before use. Avoid use if taking benzodiazepine or consuming alcohol. Keep out of the reach of children.

STORAGE: Store in a cool, dry place.
This product is Gluten Free.



Metagenics®
Genetic Potential Through Nutrition

NuSera®

Relief for Stressful Moments†

Dietary Supplement

30 CHEWABLE TABLETS

Supplement Facts

Serving Size 1 Tablet
Servings Per Container 30

	Amount Per Serving	% Daily value
Calories	5	
Total Carbohydrate	2 g	<1%*
Sugar Alcohol	1 g	
Casein Tryptic Hydrolysate†	150 mg	**

*Percent Daily Values are based on a 2,000 calorie diet.

**Daily Value not established.

Ingredients: Sorbitol, fructose, casein tryptic hydrolysate (milk), natural flavors, Dutch processed cocoa, stearic acid (vegetable), silica, and guar gum. Contains: milk.

Developed and Distributed by: **METAGENICS, INC.**
Makers of Professional Quality Supplements
100 Ave. La Pata, San Clemente, CA 92673
www.metagenics.com