

**Suggested Use:** Take 1 tablet three times daily, as a dietary supplement, or as directed by a physician.

**Caution:** Kava Kava may harm the liver in some individuals. Ask a healthcare professional before use if you have or have had liver problems, frequently use alcoholic beverages, or are taking any medication. Stop use and see a doctor if you develop symptoms that may signal liver problems (e.g., unexplained fatigue, abdominal pain, loss of appetite, fever, vomiting, dark urine, pale stools, yellow eyes or skin.) **NOT FOR LONG-TERM USE.**

For your protection, this container has an outer safety seal. (Do not accept if missing or broken.)  
Best if used by date on bottle. Store in a dry, cool place.

**KEEP OUT OF REACH OF CHILDREN**

Any Questions? 1-800-644-8387

Website: [www.botanicchoice.com](http://www.botanicchoice.com)

Herbal Supplement

500 mg.  
90 Tablets

Stress Relief<sup>®</sup>

Kava  
Kava

## Supplement Facts

Serving Size 1 Tablet

| Amount Per Serving                                                                                        | % Daily Value** |     |
|-----------------------------------------------------------------------------------------------------------|-----------------|-----|
| Calcium (as dicalcium phosphate)                                                                          | 120 mg          | 12% |
| Phosphorus (as dicalcium phosphate)                                                                       | 94 mg           | 9%  |
| Kava kava extract (root)                                                                                  | 500 mg          | †   |
| (Equivalent to 500 mg Kava Kava powder, typically providing a natural content of 2% Kavalactones (10 mg)) |                 |     |

† Daily Value not established.

\*\* Daily Values are based on a 2,000 calorie per day diet.

**Other Ingredients:** Dicalcium phosphate, Microcrystalline cellulose, Stearic acid, Croscarmellose sodium, Magnesium stearate.

Distributed by: Indiana Botanic Gardens, Inc.  
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\*This statement has not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

