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Niatain™ features a high quality form of extended release nicotinic acid designed to reduce the flushing normally associated with niacin intake. It has been formulated with a non-wax coating for effective dissolution and tested for reduced flushing. For decades, niacin has been extensively researched and endorsed as support for healthy lipid metabolism.*

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.**

DIRECTIONS: Take one tablet with a meal one to two times daily or as directed by your healthcare practitioner.

CAUTION: Niacin use may be associated with itching and/or flushing.

WARNING: Do not use if pregnant or breastfeeding or if you have a history of gout or liver dysfunction. Larger than recommended doses of niacin have been associated with liver dysfunction. If taking cholesterol lowering medications, please discuss with your clinician prior to use.

This product is Gluten Free and Vegetarian.

Formulated to Exclude: Wheat, gluten, dairy products, egg, nuts, tree nuts, fish, crustacean shellfish, colors, artificial sweeteners, artificial flavors, and preservatives.

Storage: Keep tightly closed in a cool, dry place.



Metagenics

Genetic Potential Through Nutrition

Niatain™

**Support for Healthy
Lipid Metabolism***

Dietary Supplement

120 TABLETS

Supplement Facts

Serving Size 1 Tablet

Servings Per Container 120

	Amount Per Serving	% Daily Value
Niacin (as nicotinic acid)	500 mg	2500%

Other Ingredients: Microcrystalline cellulose, hypromellose†, stearic acid (vegetable), silica, and coating (water, hypromellose†, medium chain triglycerides, and hydroxypropylcellulose†).

Developed and Manufactured by:
METAGENICS, INC.

Makers of Professional Quality Supplements
100 Ave. La Pata, San Clemente, CA 92673
www.metagenics.com

†Plant-based modified cellulose.

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