

Suggested Use: As a dietary supplement, adults take 1 or two capsules at the start of each meal, or as directed by your Health Care Professional. May be taken between meals and before bed to aid in detoxification.* For best results adults should drink at least 8 eight-ounce glasses of water daily.

*These statements have not been evaluated by the Food & Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Warning: If you are under a physician's care or taking other medication, consult with your health care professional before using this product. Consult with your doctor if you are pregnant, lactating, nursing, or have an existing ulcer.

CAUTION: DO NOT USE IF TAMPER SEAL IS BROKEN. KEEP OUT OF REACH OF CHILDREN. STORE IN A COOL, DRY PLACE.

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Allegany Nutrition
P.O. Box 70 • Allegany, NY 14706



Allegany Nutrition
The Enzyme Specialists

Digestive Enzymes

AL-90™

Ultra High Activity
Enzyme Formulation

Plant Based Enzymes
90 Vegetarian Capsules

Dietary

- * Digestive Health
- * Gluten Free
- * Constipation
- * Heart Burn
- * Bloating
- * Lactose Intolerance
- * Food Allergies
- * Gas
- * Dietary Supplement

Supplement Facts

Serving Size: 1 capsule

Amount Per 1 Capsule		Amount Per Serving	% Daily Value
Protease (pH 4-10)		100,000 FCC/HUT	**
Acid Stable Protease (pH 2-5)		350 FCC/SAPU	**
Peptidase (pH 4-9)		4,000 FCC/HUT	**
Amylase (pH 4-10)		18,000 SKB	**
Glucoamylase (pH 3-6)		60 AGU	**
Lipase (pH 3-8)		4,000 FCC/FIP	**
Cellulase (pH 2.7-5.7)		3,500 FCC/CU	**
Hemicellulase (pH 2-8)		2,000 FCC/HCU	**
Beta Glucanase (pH 3-6)		100 BGU	**
Phytase (pH 2-7)		6 U	**
Lactase (pH 3-9)		750 FCC/ALU	**
Invertase (pH 3.5-5.5)		2,000 SU	**
Pectinase (pH 2-7)		35 ENDO PG	**
Ionic Trace Minerals		20 MG	**

** Daily Value not Established.

Other Ingredients: Vegetable Capsule (Vegetable Cellulose Water), Rice Extract.

The enzymes in this formula are derived from plant sources.