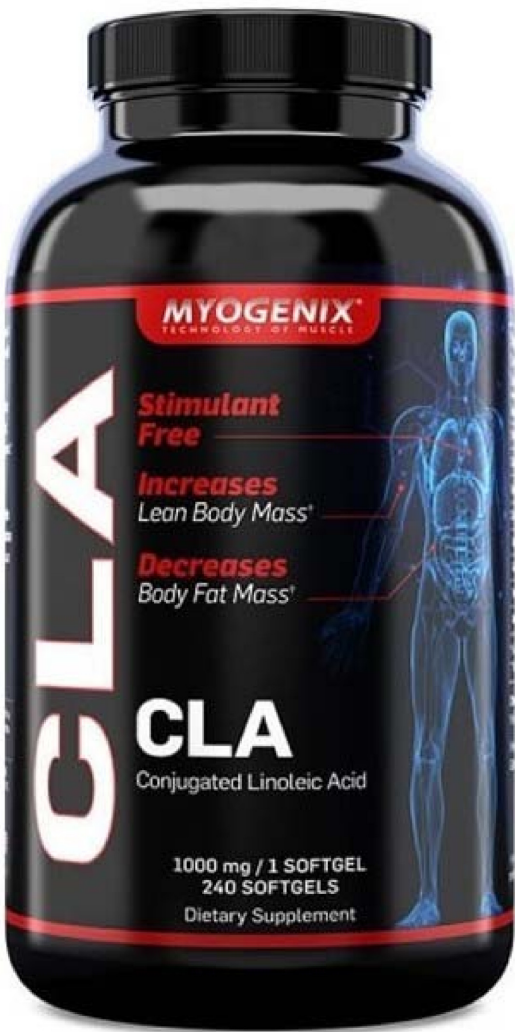




Supplement Facts

Serving Size: 1 softgel

Amount Per Serving		% DV
Calories	10	
Calories From Fat	10	
Total Fat	1g	2%*
CLA (from Safflower Oil)	1g	**
Conjugated Linoleic Acid (CLA)	780mg	**
Cis-9, Trans 11 Isomer	350mg	**
Trans-10, Cis-12 Isomer	350mg	**
Other Isomers	80mg	**

Percent Daily Values are based on a 2,000 calorie diet

**Daily value has not been established

Other ingredients: gelatin, glycerin, purified water.

Free of: sugar, salt, starch, yeast, wheat, gluten, corn, soy, milk, egg or preservatives.

A study published in the American Journal of Clinical Nutrition found that people who took 3.2 grams of CLA a day had a drop in fat mass of about 0.2 pounds a week (that's about one pound a month) compared to those given a placebo.†

DIRECTIONS: As a dietary supplement, consume 4 softgels daily. Best results are seen with 60 days (or more) of continual use. Store in a cool, dry place.

ALLERGEN STATEMENT: THIS PRODUCT CONTAINS INGREDIENTS DERIVED FROM MILK AND SOY. THIS PRODUCT IS MANUFACTURED IN A PLANT THAT PROCESSES MILK, SOY, WHEAT & EGGS.