

Suggested Use: Enjoy one (1) piece per day.

Supplement Facts

Serving Size: 1 piece
Servings Per Container: 60

Amount Per Serving	% DV	Amount Per Serving	% DV
Calories	25	Biotin	375 mcg 125%
Calories from Fat	10	Pantothenic Acid (as d-calcium pantothenate)	10 mg 100%
Total Fat	1.5 g 2%*	Iodine (as potassium iodide)	150 mcg 100%
Saturated Fat	1 g 5%*	Zinc (as zinc citrate)	3 mg 20%
Total Carbohydrate	4 g 1%*	Manganese (as manganese sulfate)	200 mcg 10%
Sugars	3 g **	Molybdenum (as sodium molybdate)	21 mcg 28%
Vitamin A (as retinyl palmitate)	2500 IU 50%	Sodium	20 mg 1%
Vitamin C (as sodium ascorbate)	30 mg 50%	Inositol (as inositol niacinate, inositol)	8 mg **
Vitamin D (as cholecalciferol)	800 IU 200%	Boron (as boron gluconate)	150 mcg **
Vitamin E (as dl-alpha-tocopheryl acetate)	30 IU 100%	Choline (as choline citrate)	40 mg **
Thiamin (as thiamine mononitrate)	300 mcg 20%		
Niacin (as niacinol niacinate)	10 mg 50%		
Vitamin B6 (as pyridoxine hydrochloride)	2 mg 100%		
Folate (as folic acid)	400 mcg 100%		
Vitamin B12 (as cyanocobalamin)	15 mcg 250%		

Other Ingredients: Dark Chocolate Flavored Coating (Sugar, Palm Kernel and Palm Oil, Cocoa Processed with alkali, Soy Lecithin, Natural Flavor, Milk, Salt, Sugar, Glucose Syrup, Palm Oil, Peanuts, Milk, Egg Whites, Cocoa Processed with alkali, Salt, Baking Soda, Vanilla Flavor, Peanut Flavor, less than 1% - Mono and Diglycerides, Fractionated Coconut Oil.

ALLERGENS: CONTAINS PEANUTS, MILK, EGG AND SOY.

Manufactured in a facility that processes milk, egg, fish, tree nuts, peanuts and soy.

Take only as directed. Do not consume if you have any food allergies. Do not exceed suggested dosage. If you have a medical condition, are on medication, or are pregnant or nursing, please seek the advice of a qualified health care professional before using. Do not use if inner seal is broken or missing. Store in a cool, dry place.

KEEP OUT OF THE REACH OF CHILDREN.

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

Manufactured by MyBite Vitamins, LLC
Vancouver, WA 98682
hello@mybitevitamins.com 1-833-4MYBITE
mybitevitamins.com



myBite
vitamins

multi
hers

COMPLETE MULTIVITAMIN PLUS
METABOLISM & BONE SUPPORT



— DARK —

dark chocolatey bites with
rich caramel, roasted peanuts
and a whipped center

60 BITES
60 DAY SUPPLY

No Artificial
Colors or
Flavors

DIETARY SUPPLEMENT

HEALTH MADE HAPPY®

Indulge in the complete nutrition you need to tackle your day, with one tasty bite of essential vitamins and nutrients.

ONLY CALORIES
25 Per Serving



EXCELLENT SOURCE OF
B VITAMINS

Helps convert food to fuel to keep you going!



VITAMIN D
200% DV

Helps your body absorb Calcium, supporting strong bones and teeth!



FOLIC ACID
100% DV

Essential nutrient for women's health!

one bite equals:



AS MUCH VITAMIN A AS
4 SERVINGS OF LOW-FAT
GREEK YOGURT



AS MUCH VITAMIN C
AS 3 SERVINGS OF
CHERRIES

GF Gluten Free

No Artificial
Flavors or Colors

V Vegetarian

No Added
Preservatives

U D - Kosher



Made in the USA
With ingredients from
around the world.



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