

SUGGESTED USE

As a dietary supplement take 4 tablets daily, may take 2 tablets in the morning and 2 tablets at night, preferably with food and water; or as recommended by your qualified healthcare professional.

ABOUT

Cleanse + Flow is a unique blend of vitamins and herbs designed to support normal kidney function,* detoxification,* and fluid elimination.* Includes kidney support herbs such as Chanca Piedra, IP6, and Gravel Root.*

All Alerna Kidney Health products are manufactured in a cGMP compliant and 3rd party rated facility in the USA.



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ALERNAKIDNEYHEALTH.COM

KIDNEY CLEANSE+FLOW

Designed to support normal kidney function,* detoxification,* and fluid elimination.*

ALERNA
KIDNEY HEALTH

120 Vegetarian Tablets
Dietary Supplement

Supplement Facts

Serving Size: 4 Tablets

Servings per Container: 30

	Amount Per Serving	% DV
Vitamin K-2 (as Menaquinone-7)	30 mcg	38%
Thiamin (as Thiamine HCl)	1.5 mg	100%
Riboflavin	0.85 mg	50%
Vitamin B6 (as Pyridoxine HCl)	15 mg	750%
Folic Acid	200 mcg	50%
Vitamin B12 (as Methylcobalamin)	150 mcg	2500%
Biotin	150 mcg	50%
Pantothenic Acid (as d-Calcium Pantothenate)	5 mg	50%
Magnesium (as Magnesium Oxide)	300 mg	75%
Potassium (as Potassium Citrate)	99 mg	3%
Proprietary Blend	1150 mg	*
IP6 (Inositol Hexaphosphate), Chanca Piedra Extract 5:1 (<i>Phyllanthus niruri</i>) (whole herb), Gravel Root, Grape Seed Extract 5:1, Dandelion Root Extract 4:1, Celery Seed Extract 4:1		

* Daily Value (DV) not established

Other Ingredients: Cellulose, Stearic Acid, L-Leucine, Calcium Phosphate, Silicon Dioxide, Croscarmellose Sodium, Talc, Hydroxypropyl Cellulose, Hypromellose, Polyethylene Glycol, Carnauba Wax

Contains No: Soy, Dairy, Fish, Gluten, Peanuts, Shellfish, Tree Nuts, Wheat or Yeast. No Artificial Flavor or Colors.

Distributed by Alerna, LLC, Irvine, CA 92602 (949) 391-2097

Warning: If you are pregnant, breastfeeding, on medication or have a known medical condition, consult a qualified healthcare professional before taking Cleanse + Flow. Keep out of reach of children.

Do not use if seal under cap is broken or missing.

Recyclable Bottle
Store in a cool, dry place.
*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.