

PRODUCT INFORMATION

One capsule typically provides:

Vitamin C	48mg	NABP* 50
Thiamin (vitamin B1)	3mg	183
Freeze dried garlic extract 30:1	200mg	
- equivalent to fresh garlic	4g	
- providing allicin	6mg	
- providing alliin	12mg	

*NABP-Nutrient Reference Value

INGREDIENTS: Freeze dried garlic (allium sativum) extract, capsule: hydroxypropyl methylcellulose (gelling agent: gellan gum), ascorbic acid (vitamin C), bulking agent: microcrystalline cellulose, anti-caking agent: magnesium stearate, thiamin B1 (vitamin B1), anti-caking agent: silicon dioxide.

FREE FROM: Artificial colours, flavourings or preservatives, dairy products, gluten, lactose, salt, yeast, starch, sugar, wheat, yeast.

STORAGE: Store in a cool, dry place out of reach of children.

HIGHER NATURE[®]

BODY HEALTH

SUPER GARLIC

Reduced odour
garlic with
vitamin C



90 capsules
vegetarian and vegan

SUPER GARLIC FOOD SUPPLEMENT - 90 CAPSULES

- ✓ With 48mg of ascorbic acid and 12mg of alliin per capsule
- ✓ With vitamin C which contributes to the normal function of the immune system*
- ✓ Added vitamin B1 which contributes to the normal function of the heart

DIRECTIONS: Adults and children 12 and over take 1-3 capsules a day with meals. Do not exceed recommended daily intake. Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

WARNING: Not advisable if taking blood thinning medication.

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This product has not been tested on animals.