

PRODUCT INFORMATION:

One tablet typically provides:

Vitamin E (75iu)	50mg α-TE	%NRV*
Vitamin C	100mg	417
Riboflavin (vitamin B2)	5mg	125
Zinc	4mg	357
Manganese	4mg	40
Selenium	1.3mg	65
Beta carotene	50µg	91
Reduced glutathione	2.3mg	
Alpha lipoic acid	20mg	
L-cysteine	10mg	
Co-enzyme Q10	5mg	
Bilberry fruit extract 4:1	2.5mg	
- Equivalent to bilberry fruit	10mg	

*NRV = Nutrient Reference Value

INGREDIENTS: Lithothamnium calcareum, ascorbic acid (vitamin C), bulking agent: microcrystalline cellulose, d-alpha tocopherol succinate (natural vitamin E), beta carotene (antioxidant: dl-alpha tocopherol), reduced glutathione, zinc citrate, l-cysteine, alpha lipoic acid, anti-caking agent: magnesium stearate, manganese citrate, riboflavin (vitamin B2), anti-caking agent: silicon dioxide, co-enzyme Q10, zein protein coating, bilberry (*vacinium myrtillus*) fruit extract, l-selenomethionine.

FREE FROM: Artificial colours, flavourings or preservatives, dairy products, gluten, lactose, soya, wheat.

This product has not been tested on animals.

HIGHER NATURE®
EVERYDAY ESSENTIALS

SUPER ANTIOXIDANT COMPLEX

With selenium, bilberry, glutathione & CoQ10

180 tablets
vegetarian and vegan



**SUPER ANTIOXIDANT COMPLEX
FOOD SUPPLEMENT - 180 TABLETS**

✓ Vitamins B2, C and E, zinc, selenium and manganese help to protect cells from oxidative damage

DIRECTIONS: Take 1-3 tablets a day with meals. Do not exceed recommended daily intake. Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

WARNING: B vitamins may turn urine bright yellow - this is normal.

STORAGE: Store in a cool, dry place out of reach of children.

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