

PRODUCT INFORMATION:

Four tablets typically provide:

		%NRV*
Vitamin E (74.5iu)	50mg α-TE	417
Red yeast rice	120mg	
Policosanol	40mg	
Plant sterols	1000mg	
(providing beta sitosterol, campesterol, stigmasterol, beta sitostanol, campestanol, brassicasterol)		
Cinnamon bark extract 30:1	34mg	

*NRV = Nutrient Reference Value

INGREDIENTS: Bulking agents: microcrystalline cellulose, calcium carbonate; plant sterols, red yeast rice (*Monascus purpureus*) powder, emulsifier: sodium carboxymethyl cellulose, anti-caking agent: magnesium stearate, d-alpha tocopheryl acid succinate (vitamin E), policosanol (from sugar cane), anti-caking agent: silicon dioxide, coating: hydroxypropyl methylcellulose (glycerine), cinnamon (*Cinnamomum cassia*) bark extract.

FREE FROM: Artificial colours, flavourings or preservatives, dairy products, gluten, lactose, salt, soya, wheat.

WARNING: May cause a temporary and harmless red colouring of the stool. Not to be taken by children, or if pregnant or breastfeeding. Patients on cholesterol reducing medication should only consume this product under medical supervision.

STORAGE: Store in a cool, dry place out of reach of children.

This product has not been tested on animals.

HIGHER NATURE®

BODY HEALTH

RED STEROL COMPLEX

For normal cholesterol balance



30 tablets
vegetarian and vegan

RED STEROL COMPLEX FOOD SUPPLEMENT WITH PHYTOSTEROLS - 30 TABLETS

- ✓ A daily intake of at least 0.8g of plant sterols contributes to the maintenance of normal blood cholesterol levels
- ✓ Contains fermented red yeast rice
- ✓ With policosanol from naturally occurring plant waxes

DIRECTIONS: Adults take 2 tablets twice a day after meals for 12 weeks, thereafter 1 tablet twice a day. Do not exceed recommended daily intake. Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle. The total dietary intake (from foods and supplements) of phytosterols should not exceed 3g a day.



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