

PRODUCT INFORMATION

Three capsules typically provide:

		%NRV*
Vitamin C	90mg	113
Iron	2.1mg	15
Zinc	3mg	30
Copper	380µg	38
Collagen hydrolysate (marine, non shark)	1200mg	
MSM	150mg	
Gotu kola extract 4:1	210mg	
(equivalent to gotu kola powder 840mg)		
Aloe vera extract 200:1	75mg	
(equivalent to aloe vera powder 15,000mg)		
Chlorophyll	30mg	
Horsetail extract 4:1	7.5mg	
(equivalent to horsetail powder 30mg)		

*NRV = Nutrient Reference Value

INGREDIENTS: Hydrolysed marine collagen (from fish [tilapia, catfish and pangasus catfish]), capsule: hydroxypropyl methylcellulose; *centella asiatica* extract (gotu kola), methyl sulphonyl methane, vitamin C, aloe vera extract, chlorophyllin, natural horsetail extract, anti-caking agent: magnesium stearate; anti-caking agent: silicon dioxide; anti-caking agent: stearic acid; zinc citrate, ferrous sulphate, copper gluconate. (Allergens in **bold**)

FREE FROM: Artificial colours, flavourings or preservatives, dairy products, gluten, lactose, soya, starch, sugar, wheat, yeast. This product has not been tested on animals.

**HIGHER
NATURE®**

AETERNA GOLD

BEAUTY FROM WITHIN

collagen
beauty capsules

for radiant & youthful
looking skin

90 capsules
one month's supply

COLLAGEN BEAUTY 90 CAPSULES FOOD SUPPLEMENT

- ✓ 10 skin-loving nutrients to nourish skin
- ✓ With hydrolysed marine collagen for easy absorption
- ✓ Gotu kola supports skin hydration
- ✓ With vitamin C for normal collagen formation for the skin
- ✓ Copper and zinc help protect cells from oxidative stress, to help target the visible signs of ageing
- ✓ With horsetail extract, which contains silica

DIRECTIONS: Adults take 3 capsules before bed. As an optional extra also take 3 in the morning for the first month. Do not exceed recommended daily intake. Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

Store in a cool, dry place out of reach of children.

HIGHER NATURE LTD

10 Discovery Way, Horam, East Sussex TN21 0GE, UK
highernature.com

AERE090

119



AERE-138-07

