

PRODUCT INFORMATION:

Four capsules typically provide:

Vitamin E (30iu)	20mg α-TE	%NRV*
Thiamin (vitamin B1)	4.4mg	167
Vitamin B6	10mg	400
Folic acid	200µg	714
Vitamin B12	400µg	100
Trimethylglycine	1200mg	16,000
Arginine	480mg	
Carnitine	160mg	
Bromelain	60mg	
Co-enzyme Q10	30mg	

*NRV = Nutrient Reference Value

INGREDIENTS: Betaine anhydrous, L-arginine HCl, capsule: hydroxypropyl methylcellulose (colours: red iron oxide, titanium dioxide), L-carnitine L-tartrate, bulking agent: microcrystalline cellulose, bromelain, methylcobalamin (vitamin B12), co-enzyme Q10, d-alpha tocopheryl succinate (vitamin E), anticaking agent: silicon dioxide, anti-caking agent: magnesium stearate, pyridoxine HCl (vitamin B6), thiamine HCl (vitamin B1), folic acid.

FREE FROM: Artificial colours, flavourings or preservatives, dairy products, gluten, lactose, salt, soya, wheat, yeast

STORAGE: Store in a cool, dry place out of reach of children.

This product has not been tested on animals.

HIGHER NATURE®

BODY HEALTH

CARDIO HEART NUTRIENTS

With B vitamins,
CoQ10 & vitamin E



120 capsules
vegetarian and vegan

CARDIO HEART NUTRIENTS FOOD SUPPLEMENT - 120 CAPSULES

- ✓ Thiamin contributes to the normal function of the heart
- ✓ Folate, vitamins B6 and B12 contribute to normal blood formation
- ✓ Vitamin E contributes to the protection of cells from oxidative stress

DIRECTIONS: Take 2 capsules twice a day at least 30 minutes before meals. Do not exceed recommended daily intake. Food supplements should not be used as a substitute for a varied and balanced diet and healthy lifestyle.

WARNING: Herpes Simplex (cold sore) sufferers are advised to consult a nutritionist before taking this product.

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