

Iron SAP™ supports red blood cell formation, healthy hemoglobin and plasma ferritin levels, energy, stamina, immunity, and cognitive health.* Iron SAP™ contains the bisglycinate form for maximum absorption and efficacy, and enhanced GI tolerance.*

All ingredients listed for this product lot number have been tested by a third-party laboratory for identity, potency, and purity.

Directions for use: Adolescents ≥9 yrs and adults: Take 1 capsule daily with food or as directed by your healthcare practitioner. If you are taking other medications, take this product a few hours before or after them.

Contains no: Gluten, soy, wheat, corn, eggs, dairy, yeast, citrus, preservatives, artificial flavor or color, starch, or sugar.

This product is non-GMO and vegan friendly.

Do not use if seal is broken.

Color, size and smell may vary from one lot to another.

● **Warning:** Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of the reach of children. In case of accidental overdose, call your physician or Poison Control Center immediately.

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



V0373-R11



NPN 80047003

8



8

nfh.ca



Iron SAP

Iron Glycinate

DIETARY SUPPLEMENT

120 CAPSULES

Supplement Facts

Serving Size: 1 Capsule

Servings: 120

	Amount Per Serving	% Daily Value
Thiamin (vitamin B ₁ ; from thiamine hydrochloride)	5 mg	417%
Riboflavin (from riboflavin-5'-phosphate sodium)	5 mg	385%
Niacin (from inositol hexanicotinate, flush-free)	4.5 mg NE	28%
Vitamin B ₆ (from pyridoxal-5'-phosphate)	5 mg	294%
Folate (from calcium L-5-methyltetrahydrofolate)	850 mcg DFE	213%
Vitamin B ₁₂ (from methylcobalamin)	400 mcg	16667%
Iron (from iron bisglycinate)	30 mg	167%
Copper (from cupric citrate)	1 mg	111%

** Daily Value not established.

Other ingredients: Succinic acid (100 mg), L-glycine (100 mg), vegetable magnesium stearate, silicon dioxide and microcrystalline cellulose in a capsule composed of vegetable hypromellose and purified water.

MADE IN CANADA BY
NFH - NUTRITIONAL FUNDAMENTALS FOR HEALTH INC.
351 RUE JOSEPH-CARRIER, VAUDREUIL, QC J7V 5V5

NFH-1167U