

MyoCalm® is a specialized formula that supplies bioavailable forms of calcium and magnesium that play a role in muscle contraction and relaxation. These minerals are then blended with passion-flower and valerian root for added relaxation support.*

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

DIRECTIONS: Take two tablets up to three times daily or as directed by your healthcare practitioner.

CAUTION: If pregnant or nursing, or taking medication, consult your healthcare practitioner before use. Use with caution when driving or operating machinery; may cause drowsiness. Keep out of the reach of children.

STORAGE: Keep tightly closed in a cool, dry place. Do not refrigerate.

Formulated to Exclude: Wheat, gluten, soy, animal, or dairy products, nuts, tree nuts, fish, crustacean shellfish, colors, artificial sweeteners, and preservatives.

 **Metagenics**
Genetic Potential Through Nutrition



MyoCalm®

Muscle Relaxation Formula*

Dietary Supplement

Vegetarian

180 TABLETS

Supplement Facts

Serving Size 2 Tablets

Servings Per Container 90

	Amount Per Serving	% Daily Value
Calcium (as calcium lactate)	50 mg	5%
Magnesium (as magnesium citrate)	100 mg	25%
Passionflower Flower 5.5:1 Extract (<i>Passiflora incarnata</i>)	40 mg	*
Valerian Root Extract (<i>Valeriana officinalis</i>)	20 mg	*
*Daily Value not established.		

Other Ingredients: Microcrystalline cellulose, cellulose, croscarmellose sodium, stearic acid, silica, magnesium stearate, and coating (deionized water, microcrystalline cellulose, polyethylene glycol, and carrageenan).

Developed and Manufactured by: **METAGENICS, INC.**
Makers of Professional Quality Supplements
100 Ave. La Pata, San Clemente, CA 92673
www.metagenics.com