Bioavailable vitamin D (as cholecalciferol) from non-GMO verified, sustainable, wild-crafted lichen. Certified vegan & kosher.

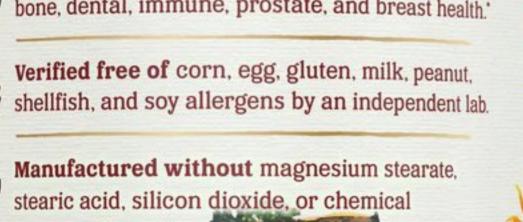


Health Benefits: Supports calcium absorption and bone, dental, immune, prostate, and breast health.





stearic acid, silicon dioxide, or chemical preservatives.













Vitamin D3 Gold

ROM TRU-ID® CERTIFIED, WILD-CRAFTED LICHEN

5,000 IU

60 VEGAN CAPSULES

DIETARY SUPPLEMENT



suggested Use: As a dietary supplement, adults take I capsule every other day with food, or as directed by a healthcare professional.

SUPPLEMENT FACTS

Serving Size: 1 capsule

Servings Per Container: 60

Amount Per Serving % DV

125 mcg (5,000 IU) Vitamin D 625% (D3 as cholecalciferol from lichen*)

Other Ingredients: Organic tapioca maltodextrin, vegan capsule (plant cellulose), tapioca starch.

'Vitamin D3 is from a natural source and sensitive to degradation. Once opened, please consume product within 90 days.

Caution: Please consult a healthcare professional before taking this supplement if you are pregnant, breastfeeding. taking any medications, or want to take a higher dosage. Store in original container away from moisture and direct sunlight. Keep out of reach of children.

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