



Bioavailable vitamin D (as cholecalciferol)
from non-GMO verified, sustainable, wild-crafted
lichen. Certified vegan & kosher.

 **Health Benefits:** Supports calcium absorption and
bone, dental, immune, prostate, and breast health.*

 **Verified free of** corn, egg, gluten, milk, peanut,
shellfish, and soy allergens by an independent lab.

 **Manufactured without** magnesium stearate,
stearic acid, silicon dioxide, or chemical
preservatives.



BIOAVAILABLE • VEGAN • SUSTAINABLE

Vitamin D3 Gold™

FROM TRU-ID® CERTIFIED, WILD-CRAFTED LICHEN

5,000 IU

60 VEGAN CAPSULES

DIETARY SUPPLEMENT

Suggested Use: As a dietary supplement, adults
take 1 capsule every other day with food, or as
directed by a healthcare professional.

SUPPLEMENT FACTS

Serving Size: 1 capsule

Servings Per Container: 60

	Amount Per Serving	% DV
Vitamin D (D3 as cholecalciferol from lichen*)	125 mcg (5,000 IU)	625%

Other Ingredients: Organic tapioca maltodextrin, vegan
capsule (plant cellulose), tapioca starch.

*Vitamin D3 is from a natural source and sensitive to degradation.
Once opened, please consume product within 90 days.

Caution: Please consult a healthcare professional before
taking this supplement if you are pregnant, breastfeeding,
taking any medications, or want to take a higher dosage.
Store in original container away from moisture and direct
sunlight. Keep out of reach of children.

Formulated &
Distributed By

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*These statements have not been evaluated by the Food
and Drug Administration. This product is not intended
to diagnose, treat, cure or prevent any disease.

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product, scan QR code or visit
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