

store sealed in a cool dry place

KEEP OUT OF REACH OF CHILDREN
USE ONLY IF SAFETY SEAL IS INTACT
PLEASE RECYCLE

Recommendations: 1-3
capsules 15-30 minutes before
bed, or as directed by your
healthcare professional.

Warning: If pregnant, consult
your physician before taking.

CONTAINS NO COATINGS, BINDERS, YEAST, WHEAT,
GLUTEN, MILK/DAIRY, CORN PROTEIN, SOY PROTEIN,
EGGS, SUGAR, HYDROGENATED OIL, ARTIFICIAL COLORING,
ARTIFICIAL FLAVORING OR PRESERVATIVES.

Independently tested for
authenticity, potency, heavy metals,
solvent residue, herbicide & pesticide
residue, aflatoxins, stability and
bacteria, yeast and mold counts.

† These statements have not been evaluated
by the Food and Drug Administration. This
product is not intended to diagnose, treat, cure
or prevent any disease.


VITAL
NUTRIENTS

Sleep Aide[†]

(Relief of Occasional Sleeplessness)[†]

DIETARY SUPPLEMENT
60 CAPSULES

Supplement Facts

serving size: 1 capsule • servings per container: 60

	amount per serving
Passionflower Herb Extract	150mg*
Lemon Balm Leaf Extract	100mg*
Hops Strobile Extract	100mg*
California Poppy Herb Extract	75mg*
Valeriana officinalis Root	75mg*
L-Theanine	50mg*
Lavender (Flowering Tops) Essential Oil	20mg*
Melatonin	0.25mg*

* Daily Value not established

Other Ingredients: Vegetable Cellulose Capsule, Silica,
and Calcium Carbonate.

MADE IN THE USA

manufactured by
VITAL NUTRIENTS
45 KENNETH DOOLEY DRIVE
MIDDLETOWN, CT 06457 USA