

	Amount Per Serving	% DV
Organic Food Blend	1,530 mg.	†
(organic curry <i>Murraya koenigii</i> [leaf] extract, organic amla [fruit] extract, organic guava [fruit] extract, organic <i>Moringa</i> [leaf] extract, organic apple [fruit], organic kale [leaf], organic broccoli [floret], organic spinach [leaf], organic carrot [root], organic parsley [leaf], organic beet [root], organic green cabbage [leaf], organic lemon [peel] extract, organic blueberry [fruit], organic raspberry [fruit], organic strawberry [fruit], organic tomato [fruit], organic Sesbania [leaf] extract, organic annatto [leaf] extract, organic mustard [seed] extract, organic holy basil [leaf] extract)		

†Daily Value not established.

Other Ingredients: Certified organic pullulan capsule, organic rice concentrate, organic MCT oil powder. **Contains tree nut (MCT from organic coconut).**

WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

Caution: Please consult a healthcare professional before taking this supplement if you are pregnant, breastfeeding, or taking any medications. This product is made using natural ingredients. Once opened, consume within 60 days.



SKU # 2003

Formulated & Distributed By
 NutriGold Inc., Orem, UT 84057, USA.
 (800) 476-3542 · www.nutrigold.com
 Certified organic by SCS Global Services.

NUTRIGOLD®

ORGANIC & NON-GMO

Prenatal

Multi Gold™

PLANT-BASED VITAMINS & MINERALS

90 ORGANIC CAPSULES

DIETARY SUPPLEMENT



SUGGESTED USE: As a dietary supplement, adults take 3 capsules daily, or as directed by a healthcare professional.

SUPPLEMENT FACTS
 Serving Size: 3 capsules Servings Per Container: 30

	Amount Per Serving	% DV
Vitamin C (from organic food blend)	120 mg	100%
Vitamin D (as D3 from lichen).....	15 mcg (600 IU)	100%
Vitamin E (from organic food blend).....	23 mg	121%
Vitamin K (100% as K2 (MK-7) from natto)	90 mcg	100%
Thiamin (from organic food blend)	7 mg	500%
Riboflavin (from organic food blend).....	9 mg	563%
Niacin (from organic food blend)	18 mg	100%
Vitamin B6 (from organic food blend).....	22 mg	1,100%
Vitamin B9 (from organic food blend).....	600 mcg DFE	100%
Vitamin B-12 (as methyl B-12 & adenosyl B-12)	28 mcg	1,000%
Biotin (from organic food blend)	88 mcg	251%
Pantothenic Acid (from organic food blend)	25 mg	357%
Iron (from organic food blend).....	27 mg	100%
Iodine (from organic kelp [whole thallus])	290 mcg	100%
Magnesium (from organic food blend).....	9 mg	2%
Zinc (from organic food blend)	7 mg	54%
Selenium (from organic food blend)	70 mcg	100%
Manganese (from organic food blend).....	1 mg	38%
Chromium (from organic food blend).....	45 mcg	100%

*This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.