suggested Use: As a dietary supplement, adults take 1 capsule daily, or as directed by a healthcare professional Servings Per Container: 90 Serving Size: 1 capsule **Amount Per Serving** 300 mcg (from organic Laminaria hyperborea, Ascophyllum nodosum, Laminaria digitata [whole thallus]) Organic Food Blend 400 mg (organic apple [fruit], organic kale [leaf], organic broccoli [floret], organic spinach [leaf], organic carrot [whole root], organic parsley [leaf],

Daily Value not established.

Other Ingredients: Certified organic pullulan capsule.

Caution: Please consult a healthcare professional before taking this supplement if you are pregnant, breastfeeding, or taking any medications. Store in original container away from moisture and direct sunlight. Keep out of reach of children.

organic beet [root], organic green cabbage [leaf].

organic blueberry [fruit], organic raspberry [fruit],

organic strawberry [fruit], organic tomato [fruit])

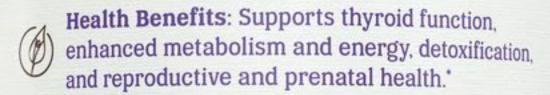
Formulated & Distributed By

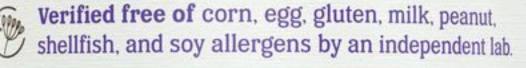
Iodine

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Natural iodine from Tru-ID® certified. non-GMO verified, sustainably-harvested. highly nutritious, organic kelp from Iceland.





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PLANT-BASED IODINE FROM TRU-ID® CERTIFIED KELP

300 mcg • 90 organic capsules





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