

- > Made with organic mushroom extracts
- > 3rd party lab verified for quality
- > Guaranteed potency:  
greater than 25% Beta-glucans†



**Our Guarantee:** This product is verified for active compounds. There are no added starch, grains or mycelium.

**Suggested Use:** Adults take 2 capsules per day.

**Storage:** Store in a cool dry place with the lid securely closed.

**Warning:** Keep out of reach of children. Consult a physician if you are pregnant or nursing; have or had a medical condition; or are taking prescription drugs.

† These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

NPN#80111326



REALMUSHROOMS®

ERGO+  
L-ERGOTHIONEINE

MUSHROOM EXTRACT POWDER  
DIETARY SUPPLEMENT



VERIFIED FOR  
ACTIVE COMPOUNDS

60 CAPSULES

## Supplement Facts

Serving Size: 1 capsule

Servings per container: 60

|                                      | Amount per serving | %DV |
|--------------------------------------|--------------------|-----|
| <b>L-Ergothioneine</b>               | 5 mg               | *   |
| <b>Oyster Mushroom Extract ‡**</b>   | 250 mg             | *   |
| <i>Pleurotus ostreatus</i>           |                    |     |
| Beta-(1,3)(1,6)-glucans              | > 25 %             |     |
| <b>Shiitake Mushroom Extract ‡**</b> | 250 mg             | *   |
| <i>Lentinula edodes</i>              |                    |     |
| Beta-(1,3)(1,6)-glucans              | > 30 %             |     |

\* Daily Value not established ‡ organic \*\*Hot water extraction

**Other ingredients:** Hypromellose (vegetable capsule), silicon dioxide, stearic acid, microcrystalline cellulose.

**Distributed by: Real Mushrooms Inc.**

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**realmushrooms.com | 1-800-263-4387**