

OUR QUALITY COMMITMENT TO YOU

- > Vitamin D2 from mushrooms
- > Chelated zinc bisglycinate
- > Made with organic mushroom extracts
- > Guaranteed potency: > 15% Beta-glucans[†]



Our Guarantee: This product is verified for active compounds. There are no added starch, grains or mycelium.

Suggested Use: Adults take 2 capsules per day.

Storage: Store in a cool dry place with the lid securely closed.

Warning: Keep out of reach of children. Consult a physician if you are pregnant or nursing; have or had a medical condition; or are taking prescription drugs.

[†] These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

WARNING: Consuming this product can expose you to chemicals including lead, which is known to the State of California to cause birth defects or reproductive harm. For more information, go to www.P65Warnings.ca.gov.

Learn more at realmushrooms.com/prop-65



REALMUSHROOMS®

MUSHROOM D2Z™

D2/BETA-GLUCAN/ZINC

MUSHROOM EXTRACTS & ZINC
DIETARY SUPPLEMENT



VERIFIED FOR
ACTIVE COMPOUNDS

120 CAPSULES

Supplement Facts

Serving Size: 2 capsules

Servings per container: 60

	Amount per serving	%DV
Vitamin D (as ergocalciferol from <i>Agaricus bisporus</i> mushroom) ‡	50 mcg (2000 IU)	250%
Zinc (from zinc bisglycinate)	30 mg	273%
Reishi Mushroom Extract ‡** <i>Ganoderma lingzhi</i> Beta-(1,3)(1,6)-glucans	215 mg > 35 %	*
Chaga extract ‡** <i>Inonotus obliquus</i> Beta-(1,3)(1,6)-glucans	215 mg > 8 %	*

**Hot water extraction ‡ organic * Daily Value not established

Other ingredients: Hypromellose (vegetable capsule), microcrystalline cellulose, silicon dioxide, stearic acid, citric acid.

Distributed by: Real Mushrooms Inc.

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