DIRECTIONS: Adults take two capsules daily.

WARNING: As with any dietary supplement, consult your healthcare practitioner before using this product, especially if you are prepannt, nursing, anticipate surgery, take medication on a regular basis or are otherwise under medical supervision. Store in a cool, dry place.

KEEP OUT OF REACH OF CHILDREN.

*THESE STATEMENTS HAVE NOT BEEN EVALUATED BY THE FOOD AND DRUG ADMINISTRATION. THIS PRODUCT IS NOT INTENDED TO DIAGNOSE. THE AT CHIEF OR PREVENT ANY DISEASE.





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HAIR SSENTIALS

- Essential Nutrients For Hair: Multivitamins + Hair Health Blend*
- Support Overall Hair Health*

Supplement Facts

Amount Per Serving % Daily Value

Serving Size: 2 Capsules

Biotin

Servings Per Container: 30

Vitamin A (as Retinyl Palmitate)	2445 mcg RAE	272%
Vitamin C (as Ascorbic Acid)	100 mg	111%
Vitamin D (as Cholecalciferol)	205 mcg	12.5%
Thiamin (as Thiamin Hydrochlorid	e) 5 mg	417%
Riboflavin	5 mg	385%
Niacin	5 mg NE	31%
Vitamin B6 (as Pyridoxine Hydrocl	hloride) 5 mg	294%
Folate (200	340 mcg DFE mcg Folic Acid)	85%
Vitamin B12 (as Cyanocobalamin)	20 mca	833%

| Pantothenic Acid | 100 mg | 2,000% | (as D-Calcium Pantothenate) | 217 mg | 17% | Calcium (as Calcium Carbonate) | 217 mg | 17% | Hair Health Blend | 970 mg | †

MSM (Methylsufonylmethate, Hydrolzyed Collagen, Horsetail (Equisetum arvense) (Whole Herb)

Daily Value not established.

Other Ingredients: Gelatin and Magnesium Stearate

DISTRIBUTED BY:

2500 mcg 8333%

Abinopharm, Inc 157 Church Street, 19th Floor, New Haven, CT 06510, USA

DIETARY SUPPLEMENT | 60 CAPSULES