



Multi-Min Chelate™ features ratio-balanced minerals that utilize patented amino acid chelates. This gentle formula is designed to be highly absorbable and is ideal for individuals who would benefit from comprehensive mineral supplementation.

This statement has not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

DIRECTIONS: Take one tablet up to three times daily with food or as directed by your healthcare practitioner.

CAUTION: If pregnant or nursing, or taking medication, consult your healthcare practitioner before use. Keep out of the reach of children.

STORAGE: Keep tightly closed in a cool, dry place.

This formula is Gluten Free.

Formulated to Exclude: Wheat, gluten, soy protein, dairy products, nuts, tree nuts, fish, crustacean shellfish, colors, artificial sweeteners, and preservatives.



Multi-Min ChelateTM

High Absorption, Comprehensive
Mineral Support Formula

Dietary Supplement

90 TABLETS

Supplement Facts

Serving Size 1 Tablet
Servings Per Container 90

	Amount Per Serving	% Daily Value
Vitamin C (as ascorbic acid)	125 mg	208%
Vitamin D (as cholecalciferol)	33 IU	8%
Calcium (as calcium citrate, tricalcium phosphate, and microcrystalline hydroxyapatite concentrate ¹¹)	83 mg	8%
Iron (as iron glycinate ¹¹)	7 mg	39%
Phosphorus (as tricalcium phosphate and microcrystalline hydroxyapatite concentrate)	7 mg	1%
Iodine (as potassium iodide)	50 mcg	33%
Magnesium (as magnesium citrate and magnesium bis-glycinate ¹¹)	67 mg	17%
Zinc (as zinc glycinate ¹¹)	7 mg	47%
Selenium (as selenium aspartate)	33 mcg	47%
Copper (as copper citrate)	1 mg	50%
Manganese (as manganese glycinate ¹¹)	1 mg	50%
Chromium (as chromium nicotinate glycinate ¹¹)	30 mcg	25%
Molybdenum (as molybdenum aspartate)	17 mcg	23%
Potassium (as potassium chloride and potassium iodide)	33 mg	1%

Betaine HCl

108 mg

Horsetail (*Equisetum arvense*) 4-7:1 Aerial

8.25 mg

Part Extract

*Daily Value not established.

Other Ingredients: Cellulose, microcrystalline cellulose, stearic acid, croscarmellose sodium, magnesium stearate, and coating (deionized water, microcrystalline cellulose, polyethylene glycol, and carrageenan).

Developed and Manufactured by: **METAGENICS, INC.**

Makers of Professional Quality Supplements

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WARNING: Accidental overdose of iron-containing products is a leading cause of fatal poisoning in children under 6. Keep this product out of reach of children. In case of accidental overdose, call a doctor or poison control center immediately.

¹¹Microcrystalline hydroxyapatite concentrate (MCHC) supplies calcium, phosphorus, trace quantities of other minerals, and naturally occurring growth factors.

¹¹Patented mineral amino acid chelates: U.S. Patent No. 5,516,925 Albion®.

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