

Suggested Usage: Take 1 capsule daily, with or without food. Best when taken as directed by a qualified healthcare professional.

Warnings: Keep out of reach of children. Pregnant or lactating women, the chronically ill, elderly, individuals under the age of 18, those taking prescription medications as well as those with a physician-diagnosed medical condition should consult with a physician, pharmacist, naturopath or other qualified healthcare professional prior to taking dietary supplements.

Sealed for your protection. Do not use if seal is missing or broken. Best stored at controlled room temperature 20°C to 25°C (68°F to 77°F). Improper storage conditions, such as extended exposure to direct sunlight, high heat & humidity can cause product degradation over time.

Formulated with Capros® Indian Goosberry Extract. Capros® is a registered trademark of Natreon.

California Gold Nutrition® is a registered trademark of Madre Labs, LLC

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CALIFORNIA **GOLD** NUTRITION®

Total C Complex

500mg Vitamin C with capros®
+ Citrus Bioflavonoids & Rose Hips

Formulated to Contain



240 Veggie Capsules
Dietary Supplement



Supplement Facts

Serving Size 1 Capsule
Servings Per Container 240

	Amount Per Serving	% Daily Value
Vitamin C (as Ascorbic Acid)	500 mg	556%
Total C PhytoComplex	100 mg	†
Amla Extract (<i>Phyllanthus emblica</i>) (fruit), Citrus Bioflavonoid Complex (from <i>Citrus limon</i> , <i>sinensis</i> , <i>aurantifolia</i> , <i>reticulata</i> , <i>paradisi</i>) (whole fruit), Rose Hips Extract (<i>Rosa canina</i>) (fruit)		

† Daily Value not established.

Other Ingredients: Brown Rice Flour, Modified Cellulose (Veggie Capsule), and Rice Extract Blend.

This product is not manufactured with milk, eggs, fish, crustacean shellfish, tree nuts, peanuts, wheat, soy or gluten. Produced in a third-party, audited and registered cGMP compliant facility that may process other products that contain these allergens or ingredients.



All California Gold Nutrition® products come with a 100% GOLD Guarantee. If you are not completely satisfied with your purchase, return the unused portion within 90 days for a full refund.