

EBOOST

Your workout crusher.

POW[®]

Pre-Workout



Blue Raspberry NATURALLY FLAVORED

Net Wt. 0.42 oz (12 g)

DIETARY SUPPLEMENT

Supercharge your performance.*

Caffeine Level: 175 mg

- + Clean energy and focus*
- + Performance support*
- + Fast-acting effervescent system*
- + Joint mobility and comfort*
- + Natural caffeine
- + Gluten-free, allergen-free, soy-free, and non-GMO
- + No artificial flavors, colors, or sweeteners

POW[®] enhances your mind and muscles.* Work out hard and recover smoothly with clinically tested ingredients in doses that deliver.*

DIRECTIONS:

5 to 10 minutes before your workout, empty one packet into a glass or bottle. Add 6-8 fluid ounces of cold water and allow mixture to fizz. Mix gently to avoid excess foaming. DO NOT SHAKE. Do not exceed 2 servings daily. Protect from heat, light, and moisture.

Heads Up: POW[®] contains beta-alanine, a natural amino acid that may cause a harmless and temporary tingling sensation.

Natural Alternatives International (NAI) is the owner of patents as listed on www.carnosyn.com and registered trademark CarnoSyn[®]. EfferSoda[®] is a registered trademark of SPI Pharma. FruiteX-B[®] (US Patent #5962049) is a registered trademark of VDF FutureCeuticals, Inc.

WARNING: For healthy adults 18 years of age or older. Consult a medical doctor before use, especially if you are pregnant, nursing, anticipate surgery, take medication, or are otherwise under medical supervision. **Keep out of reach of children.**

MADE IN THE USA - This product contains ingredients of international and domestic origin.



eboost.com



8

56541 00290

0

Supplement Facts

Serving Size: 1 packet (12 g)

	Amount Per Serving	%DV
Calories	40	
Total Carbohydrates	7 g	3%†
Sugars	2g	**
Includes 2g Added Sugar		4%†
Sodium (from EfferSoda [®] Sodium Bicarbonate 178 mg Sodium Carbonate)		8%
Potassium (as potassium bicarbonate)	390 mg	8%
CarnoSyn [®] Beta Alanine	1,600 mg	**
N-Acetyl-L-Tyrosine	600 mg	**
Organic Beet Root Powder	500 mg	**
Calcium Fructoborate (as FruiteX-B [®])	216 mg	**
L-theanine	200 mg	**
Natural Caffeine (from coffee bean extract)	175 mg	**
Dimethylaminoethanol (DMAE) (as DMAE Bitartrate)	130 mg	**
5-Hydroxytryptophan (from <i>Griffonia simplicifolia</i> seed extract)	40 mg	**

† Percent Daily Value (DV) is based on a 2,000 calorie diet.
** Daily Value (DV) not established.

Other Ingredients: Citric acid, organic cane sugar powder, organic rice syrup solids, silicon dioxide, natural flavors, rebaudioside A (from stevia leaf extract), Spirulina extract (color).

*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.