



## MELATONIN

HELPS PROMOTE SLEEP\*

Dietary Supplement

2.5 60 LOZENGES

## Supplement Facts

Serving Size 1 Lozenge

## Amount Per Serving %DV

2.5 mg

Vitamin B-6 335 mcg 20% (as pyridoxal -5'- phosphate [Coenzymated<sup>TM</sup>])

†Daily Value not established.

Melatonin

Other ingredients: sorbitol, mannitol, magnesium stearate, natural peppermint flavor, stearic acid.

Melatonin is produced in humans by the pineal gland. A favorite of travelers, it helps to support restful sleep.\*

**Suggested Use:** 1 lozenge at bedtime. For best results, allow to dissolve in the mouth before swallowing.

STORE IN A COOL, DRY PLACE.

WARNING: USE ONLY AT BEDTIME. For adult use only. Not for use by children, teenagers, or women who are pregnant, may become pregnant, or breastfeeding. If you are under medical supervision, or have an autoimmune disease, diabetes, a depressive disorder, a thyroid condition, epilepsy, leukemia, or a lymphopoliferative disorder, or are taking MAO inhibitor drugs or corticosteroids such as hydrocortisone or prednisone, consult your physician before taking this product. Do not take with alcoholic beverages or when operating machinery or driving a vehicle.

Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Manufactured for:
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