

SOURCE NATURALS®**IMPROVED
ENTERIC COATING***Dietary Supplement***SAMe***S-adenosyl-L-methionine***Supports Joint Comfort,
Function and Mobility*****Supplement Facts**

Serving Size 1 Tablet

Servings Per Container 30

Amount Per Serving

SAMe 400 mg†

(S-adenosyl-L-methionine)
from 800 mg of SAMe disulfate tosylate

†Daily Value not established.

Other ingredients: cellulose, methacrylic acid copolymer, mannitol, citric acid, stearic acid, silica, hydroxypropyl methylcellulose, triacetin, sodium starch glycolate, modified cellulose gum.

Source Naturals® SAMe is a stable, bioavailable form of S-adenosyl-L-methionine. These tablets are enteric coated and blister packed for consistent quality and optimal bioactivity. SAMe is present in every living cell in the body and plays an important part in many critical cellular functions.

A number of clinical studies have demonstrated that SAMe supplementation supports joint comfort, function and mobility in the spine, hips and knees. Preliminary research suggests that SAMe may work by supporting the production of proteoglycans, which are important components of cartilage.

Numerous clinical studies have also demonstrated that SAMe can help support a positive outlook. It is able to cross the blood-brain barrier, where it is thought to affect the synthesis of neurotransmitters, and to help maintain normal membrane fluidity. SAMe works together with the B-vitamins, in particular folic acid, making it important to obtain adequate amounts of the B-vitamin complex from diet and supplements.

SAMe plays a key role in transmethylation, a vital type of chemical reaction that affects the synthesis, activation, and metabolism of various biological molecules. Compounds that require this reaction include phospholipids, which are fundamental for all cell membrane functions and for cell to cell communication.*

Suggested Use: 1 tablet 1 to 3 times daily. Take tablets on an empty stomach.

WARNING: If you are pregnant, may become pregnant, breastfeeding or are taking antidepressant medication, consult your physician before using this product. Use this product under medical supervision if you have bipolar disorder. In a small percentage of people this product may cause nausea or gastrointestinal upset. If you experience discomfort, discontinue use.

Do not use if either tamper-evident seal is broken or missing.

Keep out of the reach of children.

Suitable for vegetarians. Contains no yeast, dairy, egg, gluten, soy or wheat. Contains no sugar, preservatives, or artificial flavor or fragrance.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

Manufactured for:
© SOURCE NATURALS, INC.
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SN1400 REV B205-A

30 ENTERIC COATED TABLETS • 400 mg

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