

For most of human history, we consumed the whole animal (nose-to-tail) with deep respect and profound purpose. For instance, Native Americans and early ancestral healers believed that eating the organs from a healthy animal would strengthen and support the health of the corresponding organ of the individual — also known as “like supports like.” The traditional way of treating a person with a weak heart was to feed the person the heart of a healthy animal. Since we’ve abandoned these ways, the modern world has left us malnourished with an epidemic of declining health.

The solution is to find ways to recreate our ancestral environment (sleep, nourishment, movement, sunshine, etc). It’s time we honor our ancestors by putting back in, what the modern world has left out (to return our people back to strength, health and happiness). We walk our talk and we offer a one-of-a-kind “guided” experience. Learn more at www.ancestralsupplements.com

Brian Johnson
“Liver King” 



* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.



ANCESTRAL
SUPPLEMENTS

ANCESTRAL



MINERALS

SUPPORTS OPTIMAL HYDRATION,
ATHLETIC PERFORMANCE, DIGESTION,
AND REMINERALIZATION*

180 CAPSULES 756 MG EA

Dietary Supplement

Supplement Facts

Serving Size: 6 Capsules
Servings Per Container: 30

	Amount Per Serving	%DV
Magnesium (as magnesium glycinate)	250 mg	60%
Potassium (as potassium chloride)	200 mg	4%
Chloride (as potassium chloride, sodium chloride)	1175 mg	51%
Sodium (as sodium chloride)	627 mg	27%
Wildflower Bee Pollen	1450mg	**
Marine Kelp	50mg	**

** Daily Value not established

Other Ingredients:

Ancient sea salt, gelatin (capsule)

Suggested Use:

6 capsules daily or as directed by a healthcare professional. Start with 1 capsule per day. Increase dose by 1 capsule each week to avoid detox effects)

Manufactured In The USA for:

Ancestral Supplements, LLC Willis, TX 77318

www.ancestralsupplements.com

ONE SMALL BATCH AT A TIME