

SUGGESTED USE: 2 SCOOPS PER DAY, OR AS DIRECTED BY YOUR HEALTHCARE PROFESSIONAL. MAY BE TAKEN IN DIVIDED DOSES. MIX WITH 8 OZ WATER OR OTHER LIQUID. ALSO MAY BE SPRINKLED ON FOOD.

WARNING: IF YOU ARE TAKING MEDICATION, HAVE A MEDICAL CONDITION OR AN UPCOMING MEDICAL PROCEDURE, OR ARE PREGNANT OR NURSING, CONSULT A PHYSICIAN BEFORE USING. IF ADVERSE REACTIONS OCCUR, DISCONTINUE USE & CONSULT YOUR HEALTHCARE PRACTITIONER.

Manufactured For:
Moss Nutrition
Products, Inc.
380 Russell Street
Hadley, MA 01035
800-851-5444



WWW.MOSSNUTRITION.COM



*Cold-Milled
Premium Quality*



Dietary Supplement
Net Wt 252 g (8.89 oz)

Supplement Facts

Serving Size: 5.6 grams (approx. 2 scoops/teaspoons)
Servings Per Container: 45

	Amount Per Serving	% Daily Value*
Calories	30	
Total Fat	2 g	3%
Total Carbohydrate	2 g	1%
Dietary Fiber	2 g	7%
Protein	1 g	2%
Organic Flaxseed (<i>Linum usitatissimum</i>)	5.6 g	**

* The Percent Daily Value tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

** Daily Value not established.

Does not contain gluten.

KEEP OUT OF REACH OF CHILDREN.
STORE SEALED IN A COOL, DRY PLACE.
REFRIGERATE AFTER OPENING.