

HEALTH & WELLNESS SOLUTION

ULTRA COLD-PRESSED ESSENTIAL FATTY ACID COMPLEX

Omega 369 is a potent triple strength Ultra Cold-Pressed Oil providing the highest quality un-denatured pure extract of Omega 3, 6, and 9 fatty acids. Omega 369 is derived from healthy Organic Flax, Borage Seeds and Free Range Fish. Omega 369 helps the body boost the immune system, fight inflammation, support healthy cholesterol levels, improve bone density strength, and insulin support. It improves energy expenditure to support a healthy metabolism and better control of weight management. Omega 369 provides a class-leading 3,600 mg of EFA's. Specifically developed for individuals who want to maximize their health and wellness.[†]

THIS PRODUCT DOES NOT CONTAIN: Gluten, Dairy, Egg, Peanut, Soy, Shellfish, Wheat, Yeast, Fillers, Binders, Preservatives, Artificial Ingredients. Produced in a facility that processes other ingredients containing these allergens.

CAUTION: Do not exceed the recommended dose. Not intended for pregnant or nursing mothers. Not intended for children under 18 years of age. If you are taking any medications, have a known medical condition, or are planning a medical procedure, consult your doctor before use. Discontinue use and consult your doctor if any adverse reactions occur.

USAGE WARNING: Keep out of reach of children and pets. Do not use if packaging has been tampered with. Store in a cool dry place away from direct sunlight. Avoid excess heat.

CALIFORNIA RESIDENTS ONLY:

WARNING: Consuming this product can expose you to chemicals including [lead and cadmium], which is [are] known to the State of California to cause cancer and birth defects or other reproductive harm. For more information go to www.P65Warnings.ca.gov/food.

[†]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

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OMEGA 369™

ULTRA COLD-PRESSED TRIPLE STRENGTH EFA



HEALTH & WELLNESS SOLUTION

Promotes Efficient Weight-Loss[†]

Supports Eyesight and Brain Health[†]

Boosts Immune System & Reduces Inflammation[†]

Improves Bone Strength and Density[†]

90 SOFTGELS

DIETARY SUPPLEMENT

3,600 MG MAXIMUM DOSE

Supplement Facts

Serving Size: 3 Softgels

Servings Per Container: 30

	Amount Per Serving	% DV
Calories	45	
Calories from fat	30	
Total Fat	3 g	4%
Omega 3-6-9 (Proprietary Blend)	3,600 mg	**
Organic Flaxseed Oil, Fish Oil, Organic Borage Seed Oil		
Omega-3 [Eicosapentaenoic Acid (EPA)], Docosahexaenoic Acid (DHA), Alpha Linolenic Acid (ALA), other fatty acids	1,353 mg	**
Omega-6 [Linoleic Acid, Gamma Linolenic Acid (GLA)]	294 mg	**
Omega-9 (Oleic Acid)	264 mg	**

*Percent daily values are based on a 2,000 calorie diet.

**Daily Value (DV) not established.

Other Ingredients: Gelatin, Glycerin, Water, Mixed Natural Tocopherols.

DIRECTIONS FOR USE: As a dietary supplement, take one serving (3 softgels) daily with food. Do not exceed 6 softgels daily. For best results combine with a proper nutrition and training program.



QUESTIONS? 800-626-1022
metabolenutrition.com

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