

SOURCE NATURALS®



DIETARY SUPPLEMENT

MSM

(METHYLSULFONYLMETHANE)

NET WT. 35 OZ. (1,000 GRAMS)

POWDER

Supplement Facts

Serving Size 1/2 Teaspoon (approx. 2.5 g)

Servings Per Container 384

Amount Per Serving	
MSM (methylsulfonylmethane [OptiMSM®])	2.4 g†
†Daily Value not established.	

MSM serves as an important source of bioavailable dietary sulfur, a mineral that plays a critical role in maintaining the integrity and elasticity of connective and other tissues. It is an important component of proteins found throughout the body, such as in hair, nails, skin and tendons. MSM is a naturally occurring form of organic sulfur found mainly in protein-rich foods such as eggs, fish and lean meat. Taking MSM each day helps to replenish the body's supply of sulfur.*

Suggested Use: 1/2 teaspoon daily, briskly stirred or blended with 8 ounces of water or juice.

NOTE: If you are pregnant, may become pregnant, or breastfeeding, consult your health care professional before using this product.

STORE IN A COOL, DRY PLACE.

Do not use if either tamper-evident seal is broken or missing. Keep out of the reach of children.

Packaged by weight, not by volume. Settling may occur.

Suitable for vegetarians. Contains no yeast, dairy, egg, gluten, corn, soy or wheat. Contains no sugar, starch, salt, preservatives, or artificial color, flavor or fragrance.

OptiMSM® is a trademark of Bergstrom Nutrition.

***These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.**

SN1497 REV L191

FG-103170 BEST IF USED BY 11/24

Manufactured for:
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