

**Suggested Usage:** Take 3 gummies daily, with or without food, or as directed by your qualified healthcare professional.

**Warnings:** Keep out of reach of children. Consult with a licensed physician, pharmacist, naturopath or other qualified healthcare professional prior to taking dietary supplements.

**Sealed for your protection.** Do not use if seal is missing or broken. Best stored at controlled room temperature 20°C to 25°C (68°F to 77°F). Improper storage conditions, such as extended exposure to direct sunlight, high heat & humidity can cause product degradation over time.



California Gold Nutrition® is a registered trademark of Madre Labs, LLC

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# CGN GUMMIES™

## Women's Multi Vitamin

Mixed Berry and Fruit Naturally Flavored

Formulated to Contain  
**No Gelatin**  
**No Gluten**  
**No GMOs**  
**No Soy**



Suitable for Vegetarians  
**90 Gummies**  
DIETARY SUPPLEMENT

## Supplement Facts

Serving Size 3 Gummies  
Servings Per Container 30

|                                            | Amount<br>Per Serving             | % Daily<br>Value |
|--------------------------------------------|-----------------------------------|------------------|
| Calories                                   | 45                                |                  |
| Total Carbohydrate                         | 10g                               | 4%*              |
| Total Sugars                               | 10g                               | †                |
| Includes 10g Added Sugars                  |                                   | 20%*             |
| Vitamin A (as Retinyl Acetate)             | 450mcg                            | 50%              |
| Vitamin C (as Ascorbic Acid)               | 30mg                              | 33%              |
| Vitamin D (as D2, Ergocalciferol)          | 40mcg                             | 200%             |
| Vitamin E (as dl-Alpha Tocopheryl Acetate) | 15mg                              | 100%             |
| Niacin (as Nicotinamide)                   | 16mg                              | 100%             |
| Vitamin B6 (as Pyridoxine HCL)             | 1.7mg                             | 100%             |
| Folate                                     | 408mcg DFE<br>(240mcg Folic Acid) | 102%             |
| Vitamin B12 (as Cyanocobalamin)            | 7.2mcg                            | 300%             |
| Biotin (as d-Biotin)                       | 40mcg                             | 133%             |
| Pantothenic Acid (as Calcium Pantothenate) | 5mg                               | 100%             |
| Iodine (as Potassium Iodide)               | 38mcg                             | 25%              |
| Chromium (as Chromium Chloride)            | 35mcg                             | 100%             |

\* Percent Daily Values are based on a 2,000 calorie diet.  
† Daily Value not established.

**Other Ingredients:** Sugar, Tapioca Syrup, Water, Citrus Pectin, Citric Acid, Sodium Citrate, Black Carrot and Beta-Carotene (for Color), and Natural Flavors.

*This product is not manufactured with milk, eggs, fish, crustacean shellfish, tree nuts, peanuts, wheat, soy or gluten. Produced in a third-party, audited and registered cGMP compliant facility that may process other products that contain these allergens or ingredients.*