



Living Calcium[™] Advanced

Bone Density Support Formula[†]

Whole Food Plant Calcium, plus Vitamins D3, K2
& Magnesium for Optimal Calcium Absorption[†]

Suggested Use: Adults take 6 caplets daily with food. May take 2 caplets 3 times per day. Not intended for children.

Supplement Facts

Serving Size 6 Caplets
Servings Per Container 20

	Amount Per Serving	% Daily Value
Vitamin D (D3 from culture of <i>S. cerevisiae</i>)	15 mcg (600 IU)	75%
Vitamin K (K1 from culture media)	65 mcg	54%
Riboflavin (Vitamin B2 from culture media)	10 mg	769%
Vitamin B6 (from culture media)	25 mg	1471%
Folate (from culture media)	400 mcg DFE	100%
Vitamin B12 (as Methylcobalamin)	200 mcg	8333%
Calcium (from Algae)	1,000 mg	77%
Magnesium (Magnesium Oxide from sea minerals)	575 mg	137%
Zinc (from brown rice chelate)	3 mg	27%
Copper (from brown rice chelate)	1 mg	111%
Manganese (from brown rice chelate)	1 mg	43%
Vitamin K2 (as menaquinone-7)	60 mcg	+
Boron (from brown rice chelate)	3 mg	+
Betaine (from beets)	50 mg	+
Calcified Red Algae	3.5 g	+

[†]Percent Daily Values are based on a 2,000 calorie diet.
+Daily Value not established.

Other Ingredients: Clean Tablet Technology[™] Blend (patent pending): Organic Dextrose, Organic Gum Arabic, Organic Coating (Organic Sunflower Lecithin, Organic Tapioca Maltodextrin, Organic Palm Oil, Organic Guar Gum).

Contains: Soy.

Gluten Free.

CAUTION: As with any dietary supplement, consult your healthcare practitioner before using this product, especially if you are pregnant, nursing, giving product to children, anticipate surgery, take medication on a regular basis or are otherwise under medical supervision.

Keep out of reach of children. Store in a cool, dry place.

Do not use if safety seal is broken or missing.

Warning: Do not take this product if you are taking blood thinners without first consulting your physician.

Made without dairy or soy ingredients, peanut, tree nuts or shellfish. Manufactured in a facility that also processes soy, dairy, peanut, tree nuts and shellfish. Contains no artificial colors or preservatives.

Package size is determined by labeling information, not the number of servings in this container. The serving size and contents are clearly marked.

[†]These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.



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