

Suggested Usage: Take 1 capsule daily, with food. Best when taken as directed by a qualified healthcare professional.

Warnings: Keep out of reach of children. Consult with a licensed physician, pharmacist, naturopath or other qualified healthcare professional prior to taking dietary supplements.

Sealed for your protection. Do not use if seal is missing or broken. Best stored at controlled room temperature 20°C to 25°C (68°F to 77°F). Improper storage conditions, such as extended exposure to direct sunlight, high heat & humidity can cause product degradation over time.

MAGNAFOLATE® PRO is a registered trademark of Jinkang Pharma Co., Ltd.

California Gold Nutrition® is a registered trademark of Madre Labs, LLC

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CALIFORNIA **GOLD** NUTRITION®

Vitamin B Complex



Formulated to Contain

NO Gluten
NO GMOs
NO Soy

60 Veggie Capsules
Dietary Supplement

Supplement Facts

Serving Size 1 Capsule
Servings Per Container 60

Amount Per Serving	% Daily Value	
Vitamin B1 (as Thiamin HCl)	24mg	2,000%
Vitamin B2 (as Riboflavin, Riboflavin 5-Phosphate)	26mg	2,000%
Vitamin B3 (as Niacinamide, Niacin)	32mg	200%
Vitamin B6 (as Pyridoxine HCl, Pyridoxal 5-Phosphate)	34mg	2,000%
Folate (as L-5-Methyltetrahydrofolate Calcium) (MAGNAFOLATE® PRO)	400mcg DFE	100%
Biotin (as Biotin Dicalcium Phosphate)	300mcg	1,000%
Pantothenic Acid (as d-Calcium Pantothenate)	100mg	2,000%

Other Ingredients: Hydroxypropyl Methycellulose (Vegetarian Capsule), Microcrystalline Cellulose (Plant Fiber), and L-Leucine.

This product is not manufactured with milk, eggs, fish, crustacean shellfish, tree nuts, peanuts, wheat, soy or gluten. Produced in a third-party, audited and registered cGMP compliant facility that may process other products that contain these allergens or ingredients.

