SUGGESTED USE Mix one or more level scoops of this product with water or a beverage of your choosing. It is neutral tasting and highly soluble, so it can be readily added to any smoothie, juice or water; however, when mixing directly with water or juice, it dissolves more easily if the liquid is not cold. As with any dietary supplement, this product is most effective when used as part of a healthy diet and active lifestyle. For questions about the use of this product call 800.332.7799.

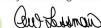
Notice: This product is a food supplement and not intended for weight-loss. This package is sold by weight, not by volume. It contains the full weight indicated on the label. Settling of contents can occur during shipment.

FOR OVER 40 YEARS

Unsurpassed Purity, Quality and Efficacy

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Andrew Lessman, Founder

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MARINE & FREE RANGE COLLAGEN PEPTIDES

MSM (Methyl-Sulfonyl-Methane)

Skin | Joints | Nails | Hair | Bone | Blood Vessels



Andrew Lessman's MARINE AND FREE RANGE COLLAGEN PEPTIDES WITH MSM provides a unique blend of highly bioavailable Collagen Peptides from both Marine and Free Range collagen sources. Both of these sources are specifically selected for their unique ability to deliver their combined benefits to the vital collagen structure of our Joints, Bones and Blood Vessels, as well as our Skin, Hair and Nails. We enhance the benefits of this product by adding 500 mg of MSM (Methyl-Sulfonyl-Methane), an exceptional source of highly bioavailable organic Sulfur, which is an essential element in the structure of all collagen-based tissues. Our Marine and Free Range Collagen Peptides mixes easily with any liquid and is flavor-neutral, while also free of carbohydrate, sugar, lactose, fat, cholesterol and sodium. It is also gluten-free and non-GMO (Not Genetically Modified) and contains no added ingredients of any kind (no flavors, sweeteners or preservatives).

Collagen is the primary structural protein in the body, comprising almost one-third of the body's entire protein mass. The healthy structure and function of our skin, bones, arteries, veins and connective tissue (cartilage, ligaments and tendons) are all built on an integrating matrix of Collagen Protein. The healthy appearance of our skin is dependent upon the integrating structure provided by a Collagen Peptide matrix, which is why it is so often deceptively used in so many topical beauty products. Unfortunately, slathering Collagen Protein on the outside of our body does absolutely nothing for the internal collagen structure. The only way that Collagen Peptides can affect the internal structure of any of these tissues, including the skin and joints, is to deliver them where they can be utilized - inside our body. That is the basis for the unique quality, composition and absorption of our Marine and Free Range Collagen Peptides. It is an unfortunate fact of life that, as we age, our resilient, flexible tissues, including our skin, joints and circulatory tissues

lose their youthful elasticity and flexibility. This loss of tone and resilience results from, among other things, changes in

those tissues integrating collagen structure. Collagen Protein is the essential molecule providing for the strength and flexibility of our joints, as well as the beauty and resilience of our skin. In fact, it is this age-related change in these collagenbased tissues that is behind the wrinkling of our skin and the reduced flexibility of our joints and blood vessels. These tissues must endure a lifetime of physical demands and biochemical challenges, yet there is no molecule more central to the retention of their youthful structure and function than collagen. Accordingly, our Marine and Free Range Collagen

These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease. **CONTAINS NO ADDITIVES OF ANY KIND**

Peptides provides a unique blend of the precise peptides

required to promote the health of all collagen-based tissues.

Supplement Facts Serving Size 1 Scoop (5.5 g) (3 1/2 tsp.) Servings Per Container 30 **Amount Per Serving** Calories Protein **Total Collagen Peptides** Free Range Collagen Peptides 2.50 g Marine Collagen Peptides 2.50 g MSM (as methylsulfonylmethane) 500 mg

† Daily Value not established CONTAINS Primary ingredient is derived from fish (tilapia).

CONTAINS NO Milk, soy, yeast, corn, wheat, gluten, sodium, salt, sugar, fat, cholesterol color, preservative or manufacturing additives.